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SCHOOLS

FOR

Nurses

IN THE

State of California

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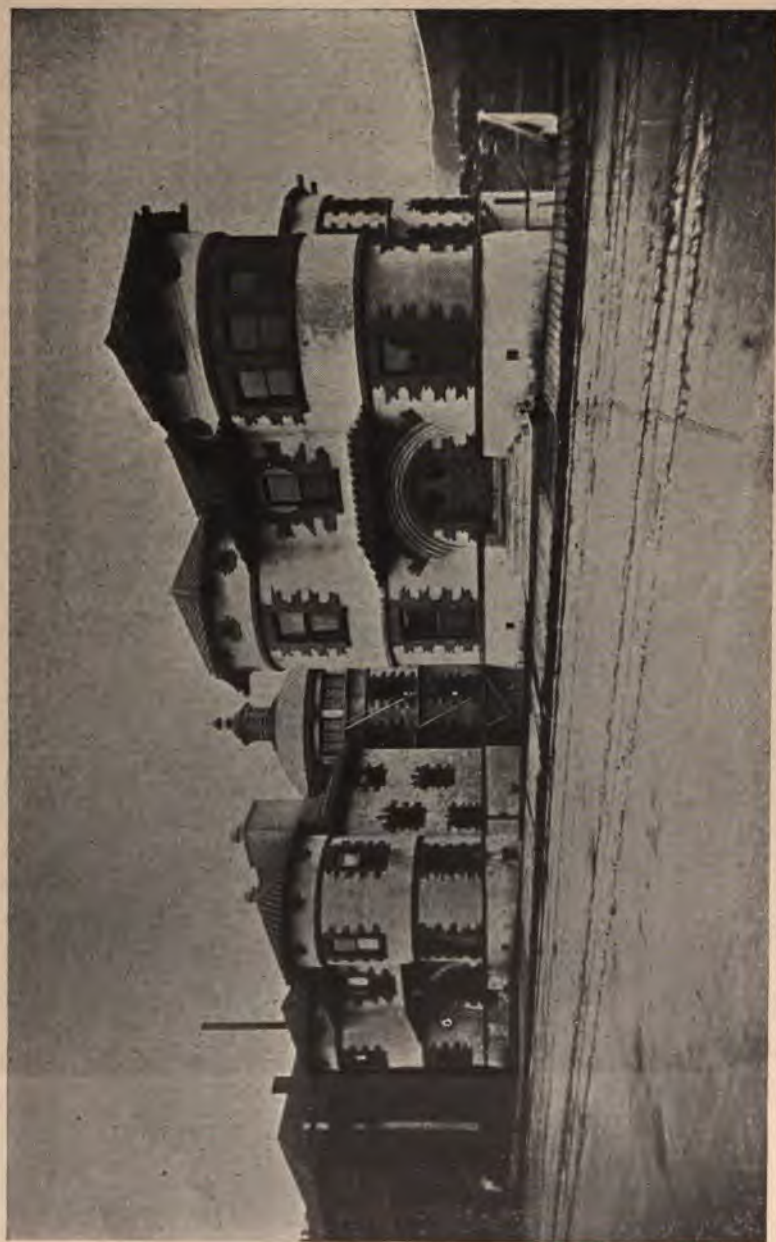
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Hospital for Children and Training School for Nurses

TRAINING SCHOOLS FOR NURSES

IN THE

State of California

ARRANGED AND COMPILED BY

ADELAIDE MABIE

Graduate of the New York City Training School for Nurses, and Member of
the San Francisco Branch of the Guild of St. Barnabas for Nurses.



PUBLISHED FOR THE AUTHOR

BY

THE WHITAKER & RAY CO.
(Incorporated)

SAN FRANCISCO

1899

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1905

PREFACE.

This little volume—the first edition of a register for graduate nurses and their schools, in the State of California—is the outgrowth of an article published in the “Trained Nurse” Magazine, for October, November, and December, 1898, under the title of “Training Schools, and the Work of Trained Nurses in the State of California.” The difficulties in the way of obtaining data for the article, and the time consumed in the effort, were so considerable that it seemed advisable to preserve for future reference the information secured. The editor of the “Trained Nurse” very kindly returned the manuscript, and it was thought a few reprints would answer the purpose; but, in looking it over, I found much to be eliminated, and, in order to bring in full information up to date, much new matter to be added. This called for complete revision, and, as revision went on, the work grew—is growing still; so that I feel the result now offered to the medical and nursing professions of California is an unfinished and imperfect one. The object of the little book is simply to be useful. If it should attain that object I can at least hope that future annual or biennial editions may keep pace with the growth of the work. It can scarcely fail in being useful to those contemplating entering the profession, as it obviates the necessity of sending to various schools and hospitals for information before deciding which one to enter. There can be no question as to its usefulness to graduates, as it gives to them

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their proper recognition and standing. They are, as it were, introduced to the public under the protection of their own alma mater.

The work has been largely compiled from the annual reports of hospitals and schools, for which I have to thank, all to whom I applied, for their ready response and assistance. I owe the history of the City and County Hospital school to the very complete and comprehensive report of the school, compiled by Miss Patton. Thanks are due to Mrs. W. B. Harrington for photographs, and for details of the Children's Hospital; to Mrs. A. Cheseborough for assistance with the California Woman's Hospital; and to Miss Agnes Thee for a pleasant and profitable morning at the German Hospital. I have also been profited by advice from Dr. W. E. Hopkins, Dr. C. C. Wadsworth, Dr. H. M. Sherman, and Dr. F. W. Vowinkel.

So far as I have been able to do so, the manuscript of each school has been submitted to its head for corrections, in order to bring mistakes as near as possible to a minimum. It is, at best, but a little pioneer sent forth to serve; and I herewith present its services, at the opening of the twentieth century, to the graduate nurses of the Golden Gate.

ADELAIDE MABIE.

San Francisco, Cal.

November 8, 1899.

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HOSPITAL FOR CHILDREN

.. AND ..

TRAINING SCHOOL

FOR NURSES

3700 CALIFORNIA STREET

COR. MAPLE

SAN FRANCISCO, CAL.



OBJECTS OF THE HOSPITAL—

1. To provide medical and surgical aid for sick children.
2. To provide medical and surgical aid for sick women.

Patients entering as follows:

Free cases.

Those paying hospital charges only.

Those paying hospital charges and for medical attendance.

3. To educate nurses.

OFFICERS.

Mrs. W. B. Harrington.....President
 Mrs. Wm. Hardy }
 Mrs. J. F. Merrill } Vice-Presidents
 Mrs. L. L. Dunbar.....Recording Secretary
 Mrs. W. P. Shaw.....Corresponding Secretary
 Mrs. F. H. Green.....Treasurer

Visiting Staff.

Lucy M. F. Wanzer, M. D. Chas. A. von Hoffmann, M. D.
 Harry M. Sherman, M. D. Beverly MacMonagle, M. D.
 Emma Sutro Merritt, M. D. Wm. B. Lewitt, M. D.
 Wm. E. Hopkins, M. D. Wm. Watt Kerr, M. D.
 Adelaide Brown, M. D.

Assistant Visiting Staff.

Frances R. Sprague, M. D. Mary E. Morrison, M. D.
 S. J. Hunkin, M. D. Harold Brunn, M. D.
 H. du R. Phelan, M. D.

Miss J. Myrta Newbury.....Superintendent of Nurses.

TRAINING SCHOOLS FOR NURSES IN THE STATE OF CALIFORNIA.

It is quite safe to say that, on the eighth day of November, 1885, the first training school for nurses in the State of California was incorporated, as will be seen by the following articles of incorporation:

Know all men by these presents, that we, the undersigned, have this day voluntarily associated ourselves together for the purpose of forming a corporation under the laws of the State of California. And we hereby certify:

First. That the name of said corporation is "Hospital for Children and *Training School for Nurses.*"

Second. That the purposes for which it is formed are: To obtain and receive, by gift, bequest, devise, barter or purchase, land or property in the city and county of San Francisco, State of California, and to erect buildings to be used for the purposes of a hospital and of a *training school for nurses* for sick women and children; also, to support, and maintain, and furnish competent, and educated medical attendance; also, to buy and sell medicines and medical instruments and appliances for sick women and children; also, for the purpose of establishing and maintaining a dispensary of medicines; also, to assist to educate women in the study and practice of medicine, and to aid them to become competent and intelligent nurses; that pecuniary profit to the members thereof is not the object of this corporation.

Third. That the place where its principal business is to be transacted shall be in the city and county of San Francisco, State of California.

Fourth. That the term for which it is to exist is fifty years from and after the date of its incorporation.

Fifth. That the number of its directors or trustees shall be five, and the names and residences of those who are appointed for the first year, and until their successors are elected and qualified, are:

Irving M. ScottResiding at San Francisco
Andrew S. Hallidie.....Residing at San Francisco
Pierre B. CornwallResiding at San Francisco
John F. Merrill Residing at San Francisco
W. Frank Whittier Residing at San Francisco

Sixth. That there is no capital stock and no shares.

Seventh. That no capital stock has been subscribed for.

Eighth. That a meeting of the members of this association has been held on the twenty-fifth day of November, A. D. 1885, at the city and county of San Francisco aforesaid, in accordance with the rules and regulations of this association, at which the undersigned, Mrs. Emma G. Harrington, was duly elected president, and Mrs. Martha A. Burke was duly elected secretary, and Mrs. Caroline Hardy was duly elected judge of election, and Mrs. Mary S. Merrill and Mrs. E. L. Murray were duly elected tellers of election; and that at such meeting a majority of the members of said association were present and voted at the election herein mentioned; and that at said meeting an election for directors was held and that the five persons hereinbefore named were duly elected directors of this corporation.

In witness whereof, we, the undersigned, have, on this seventh day of December, 1885, signed our names hereto.

MRS. E. L. MURRAY.
MRS. L. D. LATIMER.
MRS. M. A. RAYMOND.
MRS. M. E. C. LOGAN.
MRS. C. E. GREEN.

State of California,
City and County of San Francisco. } ss.

On the seventh day of December, A. D. one thousand eight hundred and eighty-five, before Mr. Edward Chat-
tin, a notary public in and for said city and county, re-
siding herein, duly commissioned and sworn, personally
appeared E. L. Murray, L. D. Latimer, M. A. Raymond,
M. E. C. Logan, and C. E. Green, known to me to be the
individuals described in, whose names are subscribed to,
and who executed the annexed instrument, and they sev-
erally acknowledged to me that they executed the same.

In witness whereof, I have hereunto set my hand and
affixed my official seal, at my office in the city and county
of San Francisco, the day and year last above written.

[Seal]

EDWD. CHATTIN,
Notary Public.

The corporation, obtained land on California street,
upon which has been erected the following:

1. Main building, for sick women and children.
2. Alexander Maternity Cottage (obstetric cases only).
3. Cottage for contagious diseases.
4. The "Little Jim," for incurables, chiefly orthopaedic.
5. A companion building to the "Little Jim," opened
in October, 1897, containing an eye and ear ward, with
all appliances for the treatment of such cases; and pri-
vate rooms for surgical and gynecological cases; also a
fine operating room, and a sun-room. This building and
the "Little Jim" were built through the efforts of the
San Francisco Examiner.

6. The latest building, a portion of which will be de-
voted to a home for nurses, is nearing completion, and
will be ready for occupancy early in 1900; a complete
modern steam laundry is placed in the basement.

The maintenance of a school for nurses has been stead-
ily adhered to. Of five superintendents, two were grad-
uates of the New York Hospital Training School. Miss
Penniwill—who resigned last winter, after three years'

service—and Miss Newbury, the present superintendent, are graduates of Blockly Hospital, Philadelphia.

The pupil nurses have an excellent training in surgical nursing, as operations in orthopaedic or abdominal surgery are performed almost daily at the hospital. They have also practical work and training with medical, obstetrical, and eye and ear cases; and, in the cottage for contagious diseases, they gain a knowledge of measles, diphtheria, scarlet fever and typhoid fever.

The corporation supports a dispensary in another part of the city, and connected with it, is a certain amount of district nursing; each nurse, while in training, has this service, both in the dispensary and the district work. Nurses from the Children's Hospital served in the Emergency Hospital at the Midwinter Fair, and during the Christian Endeavor Convention. Several of the graduates are in Honolulu in the Queen's Hospital, and many are located in towns throughout California, practicing their profession. In the San Francisco telephone book there are three telephone numbers belonging to as many separate "homes" for Children's Hospital graduate nurses. Two of these homes are flats, and one an entire house. They are all conducted on the co-operative house-keeping plan. Until recently, undergraduates were sent out to private work, but the work of the hospital now demands the entire force of forty-five pupil and three graduate nurses. Several of the graduates are serving in the Red Cross Hospital in Manila and others in the military hospital in Honolulu.

REGULATIONS FOR TRAINING SCHOOL FOR NURSES.

The Board of Managers of the Training School for Nurses connected with the Children's Hospital have made arrangements for giving a two years' training to women desirous of becoming professional nurses.

Those wishing to obtain this course of instruction must apply personally or by letter to the superintendent of the training school, 3700 California street, San Francisco, Cal. The most desirable age for candidates is from twenty-one to thirty-one years. They must be in sound health, and must present on application a certificate from some responsible person as to their good character; also a certificate of graduation from, at least, a grammar school. This amount of education is indispensable for a member of the school, but applicants are reminded that women of superior education and cultivation, when equally qualified as nurses, will be preferred to those who do not possess these advantages. Applications from the domestic class are not accepted.

During these months of probation the pupils are boarded and lodged at the hospital, but receive no other compensation. They are not expected to wear the uniform of the school, but must come provided with dresses and aprons of washing material for use in the hospital. A physical examination will also be made by the resident physician.

They are under the authority of the superintendent and are subject to the rules of the hospital. Their fitness for the work, and the propriety of retaining or dismissing them at the end of two months, is determined by the superintendent and the training school committee; and the same authorities may also discharge them at any time in case of misconduct or inefficiency.

Nurses are required when on duty to wear the dress prescribed by the school, which is of blue gingham, simply made, white apron, cap, and linen collar and cuffs. They serve for the first year as assistants in the wards; the second year they are expected to perform any duty assigned them by the superintendent of the school, either to act as head nurses in the hospital or to be sent to private cases among the rich or poor.

Those fulfilling the conditions of the probationary months are accepted as pupils. They are required to sign

a written agreement as a guarantee that they will remain two years and faithfully conform to all rules.

The pay for the first year is eight dollars a month; for the second year, ten dollars a month. This sum is allowed for the dress, text-books and other expenses of the nurse in connection with her work, and is in nowise intended as wages, it being considered that the education given is a full equivalent for her services.

The day nurses are on duty from 7:00 A. M. to 7:00 P. M., with an hour for exercise or rest. They are also given an afternoon during the week, and have a right to five hours on Sunday. A vacation of two weeks is allowed each year.

In sickness, all pupils will be cared for gratuitously, but all time over one week a year will have to be made up.

As the institution is nonsectarian, there are no religious services connected with it, and all nurses are expected to attend the place of worship they prefer once on Sunday.

The following is a list of text-books required: "Anatomy and Physiology for Nurses," by Kimber; "Text-book of Nursing," by Weeks; "A Manual of Therapeutics," by Stevens; "A Pocket Dictionary," by Gould; "Abdominal Surgery," by Fullerton; "Obstetrical Nursing," by Fullerton; "Invalid Cook Book," by Boland.

COURSE OF TRAINING.

The instruction includes:

1. The dressing of burns, sores, and wounds; the preparation and application of fomentations, poultices and minor dressings.
2. The application of leeches, and subsequent treatment.
3. The administration of enemas and use of catheter.
4. The management of appliances for uterine complaints.

5. The best methods of friction to the body and extremities.

6. The management of helpless patients; making beds; changing sheets while patients are in bed; moving; giving baths in bed; and preventing and dressing bedsores.

7. Bandaging; making bandages and rollers; lining splints.

8. The preparing, cooking, and serving of delicacies for the sick.

They will also be given instruction in the best practical methods of warming and ventilating sickrooms, and are taught to take care of rooms and wards; to keep all utensils perfectly clean and disinfected; to make accurate observations, and report to the physicians of the state of the secretions, expectorations, temperature of body, pulse, skin, appetite, intelligence (as delirium or stupor breathing), sleep, condition of wounds, eruptions, formation of matter, effect of diet, or of stimulants, or of medicines, and to learn the management of convalescents.

Lectures, recitations and demonstrations will take place from time to time, and examinations at stated periods.

At the end of the first year a preliminary examination of each nurse will be held, and, according to its results, she will be rejected, set back in her course, or continued in her work.

When the full term of two years is completed, the nurses thus trained will, on passing an examination, receive diplomas of the school, signed by the examining board and by the president and recording secretary of the board of managers.

The board of managers has decided to give a post-graduate course of from three to six months. It will be open to physicians, graduates of this school, and of other training schools of recognized standing. Students in the post-graduate class will receive no compensation for their services other than their board, room and washing.

For particulars, apply to the superintendent of the Nurses' Training School, 3700 California street, San Francisco, Cal.

SCHOOL CURRICULUM.

Junior Year.

- Bed-making—Changing sheets and draw-sheets.
- Gentleness—Lifting and moving bed-patients.
- Temperature of sickroom and ward.
- Methods of ventilation.
- Care and economy in the use of linen, towels, etc.
- Disposal of soiled dressings.
- Preparation of disinfectant solutions.
- Disinfection of rooms, wards, clothing and excreta.
- Care and cleanliness of ward utensils.
- Care of patients—Temperature, pulse, respiration, observation of symptoms, reports to physicians, chart-making, frequency of bathing, prevention and treatment of bedsores.
- Baths—Hot-air, steam, salt-water, tub, foot, mustard, sponge, and cold-packs.
- Douches—Catheterization.
- Enemata—Kinds, methods of preparation, and mode of administration.
- Counter-irritants—Mustard poultices, turpentine, iodine, liniments, cantharides.
- Cupping—The cautery.
- External applications—Hot-water cans and bags.
- Fomentations—Poultices, ice.
- Medicines—Doses, weights and measures, methods of administration, care of medicine closets and medicine lists.

Senior Year.

- Surgical—Aseptic and antiseptic surgery, preparation of patient for operation, care of patient after operation, how to prepare for operation in private house.
- Gynecological—Preparation of patients for examinations and operations, different positions, instruments and dressings, care of patient after abdominal section.
- Hemorrhages—How to control.
- How to deal with surgical emergencies.

Shock, fractures, dislocations, sprains, contusions, burns and scalds, frost-bites.

Medical—Different forms of fever, tuberculosis, Bright's disease, urine.

Pregnancy—Care of infants.

**SCHEDULE FOR LECTURES FOR THE TRAINING
SCHOOL.**

Anatomy.

W. B. Lewitt, M. D.

1. The Skeleton and Muscles.
2. The Circulatory and Respiratory Systems.
3. The Nervous System.
4. The Viscera.

Physiology.

Harry M. Sherman, M. D.

1. The Circulation of the Blood.
2. Digestion.
3. Kidneys and Ductless Glands.
4. Nervous System.
5. Orthopedic Appliances.

Bacteriology.

John C. Spencer, M. D.

1. Bacteria.
2. The Phenomena of Inflammation.
3. The Phenomena of Inflammation—Continued.

Obstetrical Nursing.

Chas. A. von Hoffmann, M. D.

Adelaide Brown, M. D.

1. Pregnancy.
2. The Diet.
3. Natural Labor.
4. The Puerperal State.
5. Care of Infant.

Hygiene.

Mary E. Morrison, M. D.

1. Respiratory System.
2. Muscular System.
3. Tegumentary System.
4. Alimentary System.

Medical.

L. M. F. Wanzer, M. D.

Wm. Watt Kerr, M. D.

1. Zymotic Diseases.
2. Local Diseases.
3. Constitutional Diseases.

Surgery and Gynecology.

Beverly MacMonagle, M. D.

1. General and Special Preparation of Patients for Examinations and Operations. Surgical Operating Rooms, and How to Prepare for Operations in Private Homes.
2. Care of Patients after Major and Minor Operations.
3. Hemorrhages and Surgical Emergencies.
4. Shock, Fractures and Dislocations.
5. Sprains, Contusions, Burns, Scalds, Frost-bites, Foreign Bodies in the Eye, Ear, Nose, and Larynx.

Medical and Surgical Pediatrics.

Emma Sutro Merritt, M. D.

Frances R. Sprague, M. D.

1. Feeding in Health and in Sickness during the First Twelve Months.
2. Feeding in Health and in Sickness after the First Twelve Months.
3. Development and Care of Children.
4. Nursing in the Non-contagious Diseases of Childhood.
5. Nursing in the Contagious Diseases of Childhood.
6. Surgical Nursing of Children.

Eye and Ear.

William E. Hopkins, M. D.

1. The Anatomy of the Eye and Ear.
2. The Treatment and Nursing of Injuries and Diseases of the Eye and Ear.
3. Anatomy of the Throat. Nursing of Croup. Diphtheria, etc.

Names of Graduates.

†Jessie Astredo.	Alice Phillips.
Catherine Dewar.	Hattie M. Lambert.
†Cora C. Hicks.	Willie V. Cupp.
†Hattie R. Wilson.	Effie F. Lane.
Clara E. Gostick.	†Edna Blanche Brotherton.
Mary McAuliffe.	Mabel McAlister.
Anna E. Hunt.	Mary I. Magee.
†Fannie Doyle.	Gertrude M. Huntington.
Charlotte Kreiss.	Bessie Kirk.
Emma H. Acworth.	*Katie L. Caffall.
Kate M. Davis.	†Jessie Williams.
Margaret Williams.	Katherine A. Estep.
Jennie M. Mead.	†Winnie Osborn.
Mary M. Sweeney.	Isabella J. McAllister.
Frieda Fahrback.	S. Addie Badger.
†Clara Chamberlain.	Flora McAuslan.
Margaret G. Eley.	M. Ella Barbour.
Augusta Engelke.	†Anna E. Wilde.
*Jettie Ormiston.	†Mary E. Cushman.
†Addie C. Bailey.	Jennie B. Henderson.
Helen M. Parker.	Lucy E. Brown.
Margaretha Giannini.	Belle S. Kauffman.
†Nina E. Cook.	*Anna D. Barlow.
Belle F. Mackintosh.	Jennie C. Burke.
*Kate R. Harris.	Emily Newman.
*Eva A. Williamson.	Julietta Wright.
E. Una Smith.	Lucy M. Pratt.
Daisy E. Stephens.	Ada Mattox.
Hattie S. Sharp.	Margaret Goodhue.
Mabel Edwards.	Virginia Ryerson.
†Georgia Elliott.	Nellie G. Long.
Fannie Bowen.	Lillian E. Marks.
Lillian E. Morris.	Marie McPherson.
Lizzie McKnight.	Mary E. Hepburn.
†Fannie E. Kingdon.	Nellie C. Wright.
Cordelia Leggett, M. D.	Emily G. Harrison.

Margaret Clark.	Helen D. Cochrane.
Clara Palecki.	Katharine Longmaid.
Mary C. Marks.	Romie Caldwell.
Frances Close.	Margaret Chappell.
Marie E. Kilner.	Ada Rust.
Annie M. Bradford.	Annie Fox.
Agatha G. Fennane.	Daisy Steves.
Mary Margaret Smythe.	Helen Mahlum.
†Fannie Wyckoff.	Clara Salmon.
Francis Chase.	Kate Snead.
Mary Howard Davies.	Ruth Hancock.
Annie M. Zoffman.	*Cora B. Espey.
†Harriet A. Burnham.	Louise P. Bracker.
Harriet L. Wilson.	Annie H. Armstrong.
Mabel Aaron.	Anna M. Barrington.
Marion Williams.	Mary E. Phillips.
Laura L. Baker.	Alice M. Huzzy.
Mary A. McKinney.	Emma Roberts.
Minnie L. Ralph.	Harriet P. Jams.
Helena M. Marshall.	Eugenia M. J. Woods.
Annie E. Stevens.	Laura H. Owens.
Gertrude La Page.	Helen E. Baker.
Mary Stevenson.	Octavine G. Briggs.
Anna McConnell.	Sarah E. Gray.
Teresa I. Livingston.	Elizabeth Cole.
Amy H. Wilson.	Maud Burnham.
Francis J. Beaumont.	May Laughlin.
Florence Pinniger.	George Anna Flagg.
Emily M. Norris.	Beatrice Noble.
Ednah M. Shuey.	Elizabeth E. Woods.
Emma Bennett.	Augusta Goodell.
Alice M. Burrell.	Pauline Strasburg.
Eleanor G. Holden.	Ida Solari.
Eleanor E. Williams.	Florence Boruck.
Nancy A. Place.	Alice H. Barth.
Alida E. McConnell.	Bertha Kirsch.
May I. Saunders.	Ethel Sherman.
Diana Inchbold.	Evelyn Brown.
Hattie Fenwick.	Nell M'Kee.

Minnie Lundberg.
Mary Leonard.
Bertha Marsden.
Mathilda Laemmell.
Mary Vanderbeek.
Lillie Hitchcock.
Nellie Hitchcock.
Lolita King.
Emily Husbands.
Emily Rowlands.
Nellie Surtevant.
Louise Timm.
Helen C. Hughton.
Helen A. Chittendon.
Hester Hemenway.

Mary Evans.
Inez Laveago.
Viola Lantz.
Sara Paulsen.
Mary Gibbons.
Annie Hovel.
Robina Munro.
Augusta Kiesan.
Mamie F. Brittingham.
Reese Simon.
Katherine Kavanagh.
Hannah Stromgreen.
Charlotte G. Brown.
Harriet Templeton.
Edith Calder.

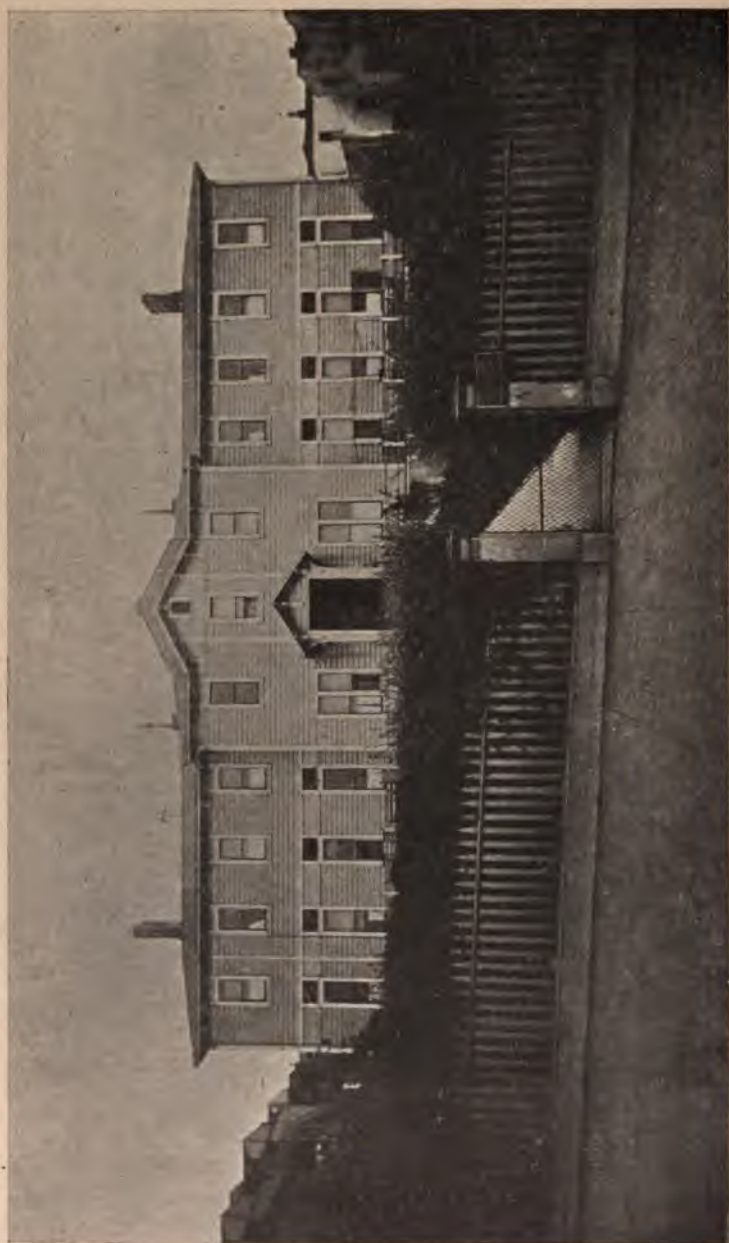
* Deceased.

† Married.

SENIOR CLASS OF 1900.

Mary Headley.
Agnes Whitney.
Bernice Owsley.
Lou Combs.
Nora Lynch.
Blendina Gambetta.
Edith Blanchard.
Mary Carey.
Lottie Prout.

Rose Coxe.
Lizzie Martyn.
Selina Lundberg.
Lida Savage.
Mary Murray.
Gertrude Adams.
Flora MacSwain.
Corinne Johnson.
Annie Stone.



California Woman's Hospital

CALIFORNIA WOMAN'S HOSPITAL.

Medical Staff, 1899.

Surgeon in Charge.

F. W. Vowinckel, M. D.

Resident Surgeon

Ernest Barry, M. D.

Visiting Surgeons

O. O. Burgess, M. D. W. R. Cluness, M. D.

W. Winterberg, M. D. C. Renz, M. D.

F. Fehleisen, M. D. W. A. Briggs, M. D., Sacramento.

L. L. Dorr, M. D. C. W. Doyle, M. D., Santa Cruz.

Visiting Oculist

H. L. Wagner, M. D.

Internes:

A. V. Miller, M. D.

A. L. W. Zilmer, M. D.

Superintendent of Nurses

Miss M. T. Thompson

Visiting Masseuse:

Miss A. Mabie.

CALIFORNIA WOMAN'S HOSPITAL.

The training school in connection with the California Woman's Hospital, 3118 Sacramento street, San Francisco, was organized in May, 1885, under the supervision of Mrs. Logan, an English nurse. She was succeeded by Miss Hall, a graduate of the Bellevue Hospital School, New York. Miss Hall resigned in 1896, and was followed by the present superintendent, Miss M. T. Thompson, a graduate of the school, class of '96. The present number of undergraduates is eighteen.

The hospital is not large—about fifty-five beds—but quite complete for its branch of work—chiefly surgical—and exclusively for women. Medical and “rest” cases are cared for in private rooms, and rooms are reserved for obstetric cases. A new annex was completed in 1896. It contains the new surgery, etherizing, sterilizing, microscopical and doctors' dressing-rooms; a dormitory for nurses; bathrooms; and several rooms for private patients.

The walls of these surgical rooms are wainscoted and their floors laid with a peculiar and rare volcanic stone. The entire walls of the surgery are covered with this stone; the ceiling is of glass; the doors of enameled metal, and all the water pipes and faucets are nickel-plated.

Electrical lights, both stationary and movable, of the very latest and best styles for surgical operations, have been provided.

By means of a large boiler, engine, and two Sturdevant fans located in the basement, fresh air, heated to the required temperature, is forced into the private and operating-rooms, and thence exhausted with any impurities into the smokestack.

In the surgery and operating-rooms, the fresh air (heated as may be required), is driven by one of the blowers through a filter of sterilized cotton, and exhausted by the other fan, through properly located exhaust ducts, and conveyed to the smokestack.

The system is so devised, and the machinery is of such power and capacity, that the entire air in the surgery can be maintained at an even, regular temperature, and completely renewed or changed in a few minutes.

Substantial iron tanks are located in the attic, in which distilled water in abundance is made, cooled and boiled again before use in the surgery.

Concealed pipe connections are so made that all water pipes leading to the surgery can be cleansed with steam, and, in fact, every precaution has been taken to secure the best aseptic conditions possible.

The sterilizing-room is provided with the very latest improved sterilizers, on nickel-plated stands, steam connections with boiler, and ample washbasins and sink, with all water pipes and faucets nickel-plated.

The entire cost of the annex, including grading lot and furnishing, has been thirty thousand dollars.

The training this service gives the pupil nurses in aseptic surgical nursing is invaluable.

The regular curriculum is carried out by the school in the way of lectures and class work. The metrical system of measures is used exclusively in the hospital for medicines and liquids, including liquid diet.

Application and Requisites.

The most desirable age for applicants is between twenty and thirty years.

They must possess a high school education; write legibly; be of sound health; of sufficient physical capacity to undergo the labor and fatigue incident to the profession of a nurse, of a kind and cheerful disposition, and must present, on application, a certificate from some responsible person as to their good character.

Applicants will be received for the first two months on probation; during these months they are boarded and lodged at the expense of the hospital, but receive no pecuniary compensation. The surgeon in charge at the end

of the month will decide as to the capabilities of applicants and the propriety of retaining them as nurses. The same authority can suspend or discharge a nurse at any time during her course, for misconduct, neglect, or inefficiency; the reasons therefor being always reported to the president of the board of lady managers.

Nurses will receive a monthly allowance of eight dollars for the balance of the first year and ten dollars for the second year of their term, for personal expenses; and be treated and cared for as members of the household.

A vacation of two weeks in each year will be arranged for and given the nurses, but no remuneration will be allowed for this or other time lost from actual service.

Due regard is always taken of the health and proper enjoyment of the nurses, and opportunities afforded them for out-door exercise and relaxation.

Nurses are required to dress in the uniform of the hospital; to be kind and courteous to each other; tender and cheerful to patients; neat and cleanly about their persons and rooms; and in the discharge of their duties. Also, to be careful and economical in the use of the hospital furniture and appliances, and especially particular in carrying out the instructions of the surgeons.



A Group of Nurses

Names of Nurses Graduated.

Miss Frances Hirschey.	Miss Blanche Johnson.
*Miss Bertha Weed.	Miss Helen F. Rice.
*Miss Ada Douglas.	Miss Grace E. Sully.
Miss Jean Wills.	Miss Agnes D. Thee.
*Miss Agnes Brewer.	Miss Mary McGill.
Miss Bessie Moore.	Miss Theresa Smith.
Miss Artie Griest.	Miss Sophie Hebeisn.
Miss Genevieve Cook.	Miss Adeline Smith.
Miss Louise Willis.	Miss Albertie E. Ridley.
Miss Caroline Williams.	Miss Nellie J. McIntyre.
Miss Elizabeth L. Biglow.	Miss Caroline M. Pratt.
Miss Sarah Brown.	Miss Nina Fish.
*Miss Flora Dunnigan.	Miss M. T. Thompson.
*Miss Lulu O. Covell.	Miss Grace D. White.
Miss Frances E. Hurd.	Miss Susan B. Hayes.
Miss Augusta Cutten.	Miss Alice H. Hochholzer.
Miss Editha Slater.	Miss Louise M. Igo.
Miss Louise Williams.	Miss Laura P. Johnson.
*Miss Lilla Locke.	Miss Minnie Schaw.
Miss Lelia T. Mills.	Miss Nannie B. Williams.
Miss Laura B. Williams.	Miss Mary Swain.
Miss Clara T. Northon.	Miss Jessie Mackenzie.
*Miss Ella Barker.	Miss Sallie B. Foster.
Miss Eva M. Lewis.	Miss Frances F. Purinton.
Miss Lila Hurd.	Miss Nellie Grinsell.
Miss Alice Mordecai.	Miss Angela Rodrigue.
Miss Sophie J. Batturs.	Miss E. Pettinger.
Miss Agnes M. Foster.	Miss Jessie Aitken.
Miss Sarah A. Ferguson.	Miss Elsie Kiefer.

Miss Elizabeth Shaver.

* Married since graduation.

ST. LUKE'S HOSPITAL.**Officers.**

Cornelius V. S. Gibbs.....President
 J. V. D. Middleton.....Vice-President
 Kirkham WrightTreasurer
 William DoxeySecretary.

Board of Directors.

The Rt. Rev. W. F. Nichols, D. D.

Col. Geo. H. Mendell,	F. W. Van Reynegom,
C. V. S. Gibbs,	J. V. D. Middleton, M. D.,
Geo. H. Powers, M. D.,	William Doxey.

Executive Committee.

Geo. H. Powers, M. D., J. V. D. Middleton, M. D.
 Ex officio C. V. S. Gibbs, President.

Auditing Committee.

Col. Geo. H. Mendell, F. W. Van Reynegom.
 Ex officio C. V. S. Gibbs, President.

Attending Staff.

Washington Dodge, M. D. Physician
Clark J. Burnham, M. D..... Physician
Herbert Carolan, M. D..... Physician
C. G. Kenyon, M. D..... Surgeon
Chas. B. Brigham, M. D..... Surgeon
W. H. Mays, M. D..... Gynaecologist
Sam'l G. Boyd, M. D..... Gynaecologist
George H. Powers, M. D..... Oculist

House Staff.

Edwin C. Van Dyke, M. D.,
..... Resident Physician and Surgeon
Niel C. Trew, M. D..... House Physician and Surgeon
Herbert G. Shaw, M. D.... House Physician and Surgeon
L. S. Anderson, M. D..... House Physician and Surgeon
Superintendent of Nurses..... Hannah J. Brierly

ST. LUKE'S HOSPITAL.

St. Luke's Hospital, San Francisco, was organized in 1871, and, as its name implies, is controlled by representatives of the Episcopal church. The school for nurses was put in operation in the spring of 1889, with Miss Hannah J. Brierly, of the Massachusetts General Hospital, as superintendent, which post she continued to fill for nine years. In the spring of 1898 she resigned, in order to take a much needed rest. Her place has been filled for more than a year by Miss Hannah Webster, a graduate of the school. Miss Webster recently resigned; and, immediately upon receipt of her resignation, the managers forwarded to Miss Brierly, in Boston, an urgent invitation to return to St. Luke's; she accepted, and, arriving in San Francisco October 18, 1899, is again established in her old field of labor, to the general satisfaction not only of those interested in the hospital and school, but also of the many friends and acquaintances she has made in the city.

St. Luke's being a general hospital, the practical work is chiefly medical and surgical. No maternity cases are taken, and nothing contagious. The theoretical work of the school comprises lectures by the visiting staff, and class work by the superintendent. It is the intention of the management of the hospital to replace the old buildings with new ones within a short time; these new buildings will include every modern improvement and device for the scientific care of patients, and also proper accommodations for the training school in the way of living and study rooms. Perhaps, in the plan of the new buildings, there may be one entirely devoted to school purposes.

Graduates of St. Luke's support a house at 1103 Van Ness avenue, on the co-operative plan.

TRAINING SCHOOL FOR NURSES.

St. Luke's Hospital.

The following information is furnished those desiring to become trained nurses. Applications should be made to the resident physician, who, with the principal of the school, will determine their fitness for the training and other work.

Candidates should be between the ages of twenty-two and thirty. They must be in sound health, presenting a certificate from a physician certifying to that fact. They must also give a brief personal history and the names and addresses of at least two persons (not relatives) who know of their good character and capabilities. A personal interview with the applicant is required before placing applicant's name on list.

A high school education or its equivalent is required. Applicant must be prepared to pass examination in reading, spelling, arithmetic and such other branches as may be deemed necessary. The form of questions, which can be obtained on application, must be answered in the candidate's own handwriting.

At any time, for inefficiency, misconduct or any other reason deemed sufficient, the right is reserved by the authorities of the hospital to terminate the connection of any pupil or nurse with the institution.

During the first two months the candidates are accepted on probation. At the end of these months, if accepted as pupils, they sign a written agreement to remain in the school two years and to conform to its rules. They then assume the uniform of the school.

All clothing must be plain and easily washed and distinctly marked with owner's name. Twenty pieces allowed for laundry per week.

The pupils employed as nurses receive after the second month ten dollars monthly for the first year, and for the senior year fifteen dollars per month. This is intended

for the dress, books and other expenses, and not as wages, as their education is considered equivalent for their services.

Each nurse is allowed a vacation of three weeks in each year without loss of pay. They have one afternoon a week and part of Sunday.

In case of sickness they are cared for in the hospital, but receive no salary for that time. Sick time in excess of two weeks is added to the term.

The principal of the training class has the immediate charge, under the authority of the resident physician and board.

The pupils are required to be punctual, quiet and orderly, neat and cleanly, and at all times obedient to those in charge.

When the full term of two years is completed, the nurse, if she passes all examinations and is otherwise satisfactory, will receive a diploma certifying to her having completed the regular course of training and practice.

During the second year's course the pupils may be sent out to private cases. No pupil may thus serve out of the hospital more than three months during the course of training. When on duty she must wear the regular uniform of the school.

The principal text books in use in the class are Kimmer's "Physiology and Anatomy," Clara Weeks' "Text Book of Nursing," and Fullerton's "Nursing in Abdominal Surgery," which can be studied with advantage by candidates awaiting vacancies.

As St. Luke's hospital is a church institution, the managers require from the nurses the same respect and consideration for the Christian religion that they expect from the officers of the hospital, and that neither by word nor act shall any nurse, while on duty, assume any position or express any opinion antagonistic to the Church and its teachings.

It has not been the custom to graduate the pupils in classes, but, as at St. Luke's in New York, they receive their diplomas individually and take their places quietly in the positions they are called upon and fitted to fill.

Course of Training.

The instruction includes:

1st. The dressing of blisters, burns, sores and wounds; the application of fomentations, poultices, cups and leeches.

2d. The administration of enemata and use of catheter.

3d. The management of appliances for uterine complaints.

4th. The best method of friction to the body and extremities.

5th. The management of helpless patients, making beds, moving, changing, giving bath in bed, and preventing and dressing bed-sores.

6th. Bandaging, making bandages and rollers, lining of splints.

7th. The preparation of food for the sick.

Nurses are also taught to observe accurately and report the state of the secretions, expectoration, pulse, skin, temperature of the body, effects of diet, stimulant or medicine.

The instruction will include all that is necessary to fit the pupils as competent nurses.

The teaching will be given by the resident and visiting physicians and surgeons, by the principal of the class, and by a competent corps of lecturers.

Lectures, recitations and examinations will take place at stated periods.

Names of Graduates.

Arranged in the Order of Graduation.

*Minnie B. Hastings.	*Clair B. Marsh.
*Anna B. Burke.	Carolyn A. Brown.
Charlotte E. Fraser.	Alice G. Lasswell.
Marion A. Bruce.	Cynthia E. Moore.
Lizzie E. Mellynn.	Emma F. Smith.
*Minnie F. Gaynor.	C. Amborg Erichsen.
†*Minnie C. Peters.	Mary A. Johnson.
*Henrietta Stevenson.	S. Jessie McMillan.
Christine M. Binnie.	*Elean R. Osmond.
*Pauline Quick.	Ida B. Reid.
Emily E. Clark.	Zilda Turner.
Hannah E. Webster.	Annie M. McKinney.
Bessie M. Cox.	*Katherine B. Johnson.
†Martha G. Keyes.	Lily Barber.
Theresa E. McCarthy.	*Clara Eickhoff.
Mary A. Pearson.	*Louise Studaris.
M. Hoppe.	Irene Farjeon.
Emily Le Vins.	Marie Barry.
E. Marie Kane.	Helen R. Huntington.
Kate Creedon.	Minnie L. Bridges.
S. L. Lockie Brown.	Alice Hendricks.
*Charlotte A. Elliot.	Alice Brown.
Augusta Ekman.	Clara E. Arbuthnot.
Mary Brooks.	Margaret Farrell.
Anna Pohlmann.	Annie McDowell.
*Janette S. Long.	Ann Hill.
Marie Vincent.	†Emma Faust.
Ida H. Lasswell.	Nellie Coulter.
*Helen Tefft.	May C. Deasey.
Sara B. Wisdom.	Sarah Schwartz.
Sadie G. Walker.	Josephine Wells Rector.
Lillian E. S. Walford.	Stella Rose Lehr.

Sophia Truelson.
May D. Hambly.
Margaret Nock.
Elizabeth Beaty.
Lina R. Cox.
Helena B. Oakley.
Josephine Graham.
Minnie M. Flack.
Jennie F. Elles.
Emma L. Hayes.
Anna G. Murchison.

Laura A. Davis.
Maud M. Nelson.
Alma G. Garrett.
Kathleen M. McConnell.
Kate Woolner.
Mattie Ross.
Kate B. Myers.
Marion Featherstone.
Olive Pearch.
Sara Trott.

*Since Married.
†Since Died.

FABIOLA HOSPITAL.

Oakland, California.

Medical Staff.

N. H. Chamberlain, M. D. Susan J. Fenton, M. D.
I. E. Nicholson, M. D. Alice Bush, M. D.
Carra B. Schofield, M. D. Robt. L. Hill, Jr., M. D.
C. C. Shinnick, M. D. G. F. Whitworth, M. D.
Clarence M. Selfridge, M. D.

Consulting Physicians.

R. L. Hill, M. D. J. C. Raymond, M. D.
Wm. Boericke, M. D. J M. Selfridge, M. D.

Attending Physicians and Surgeons.

(Eclectic.)

B. Stetson, M. D. H. P. Van Kirk, M. D.
W. B. Church, M. D.

Surgeons.

A. S. Larkey, M. D. A. L. Cunningham, M. D.
A. K. Crawford, M. D.

Associate Surgeon.

R. L. Hill, Jr., M. D.

Gynecologists.

Susan J. Fenton, M. D. N. H. Chamberlain, M. D.
I. E. Nicholson, M. D.

Associate Gynecologist.

Alice Bush, M. D.

Oculist and Aurist.

A. C. Peterson, M. D.

Rectal Specialist.

C. L. Tisdale, M. D.

Resident Physician.

Luella Stone, M. D.

Officers—1899.

President.

Mrs. John Yule.

Vice-presidents.

Mrs. Remi Chabot.

Mrs. J. A. Folger.

Mrs. W. W. Standeford.

Financial Secretary.

Mrs. Wm. Gruenhagen.

Corresponding Secretary.

Mrs. Allen D. Wilson.

Treasurer.

Mrs. Q. A. Chase.

Superintendent of Nurses.

Miss Sarah Caig.

Matron.

Mrs. M. E. Dow.

Hospital Clerk.

Miss Agnes G. Ryan.

During the same year that saw the inauguration of a training school in the wards of St. Luke's Hospital, a similar movement was going on across the bay in the city of Oakland, in the Fabiola Hospital. This hospital was established in 1877, by an association of Oakland people. The medical staff is composed of representatives from the homeopath, and eclectic schools. This idea is, no doubt, that patients entering the hospital may have their choice as to their method of treatment. The association is popular and well supported. They manage a good hospital, free from debt, a training school for nurses, and an ambulance system. In the year 1889, one nurse was graduated; but as one nurse can scarcely be termed a school, and also from the fact that there is no further note of graduates until two years later, 1889 is here given as its date of organization. Since that date, classes have graduated every year. The present superintendent is Miss Sarah Caig, a graduate of the school, class of '94. The pupil nurses have a good general experience in medical, surgical, and obstetrical work; the curriculum for class work and lectures does not vary very materially from that of other schools; a diet kitchen is maintained, where, it is stated, the nurses are taught to cook and serve appetizing meals to invalids.

Oakland is also indebted to Fabiola Hospital for a strictly up-to-date ambulance, and for its district nursing. Nurses are supplied from the hospital for private cases.

Training School for Nurses.

The Fabiola Hospital Association has made arrangements for giving a two and one-half years' course of training to young women desirous of becoming professional nurses.

A limited number of young men will be admitted to receive instructions in the male wards.

Those wishing to receive such a course of instruction must apply to the superintendent of nurses and directors of the hospital, either in person or by letter.

Pupils will be received only between the ages of twenty-three and thirty; they must have had a common school education, must be in sound health, and must present, on application, a certificate from two responsible persons (one, a physician, preferred) as to their good character and good health. Upon recommendation, and having satisfactorily answered the questions for candidates, they will be received six weeks on probation.

The first three months pupils will receive no compensation; for the following twelve months, eight dollars per month will be allowed for expenses, and the remaining fifteen months pupils will receive ten dollars per month.

This is in no wise intended as wages, it being considered that their education during this time is full equivalent for their services.

Pupils are required to wear the hospital uniform when on service.

Pupils will be expected to perform any duty assigned them by the directress, and in the second year to act as nurses in the hospital, or to be sent to private calls among the rich or poor.

It is expected that nurses will bear in mind the importance of the vocation they have undertaken, and will evince, at all times, the self-denial, forbearance, gentleness, and good temper so essential in their attendance on the sick, and also to their character as Christian nurses.

The physicians and directress have charge of the training school under the direction of the board of the Fabiola Hospital Association, and the nurses are subject to the rules of the hospital.

Their fitness for the work, and the propriety of retaining or dismissing them at the end of six weeks of trial, is determined by the resident physician and directress, who may discharge them at any time for misconduct or inefficiency, subject to the board.

Training.

Those fulfilling the conditions of the probationary term are accepted as pupils of the school.

The instructions, which are given mainly by the directress, include:

1. The dressing of burns, sores, and wounds; the preparation and appliances of fomentations, poultices, cups, leeches, and minor dressings.

2. The administration of enemata, the use of the catheter, and the giving of baths.

3. The care of the patient's room, the making of beds, the principles of ventilation, and their practical application.

4. The management and care of helpless patients, the prevention and cure of bed-sores.

5. The manufacture of bandages and the application of bandages and splints.

6. Emergencies and their treatment.

7. The preparation, cooking, and serving of foods; the use of stimulants.

Pupils are taught how to observe accurately the secretions, expectoration, pulse, skin, temperature, appetite, sleep, eruptions, and the effects of diet, stimulants, and medicines.

Instruction is given in the care of convalescents.

Lectures, recitations, and demonstrations, conducted by members of the hospital staff, take place at stated intervals.

Quarterly examinations are held.

When the full term of two and one-half years is satisfactorily completed, a diploma is given certifying to the period of training of the graduate, her proficiency and moral character.

One year after graduation, satisfactory evidence being made of professional efficiency and conduct, each graduate will be presented with a gold badge, upon the condition that the badge will be returned, if demanded by the directors of Fabiola Hospital, for unprofessional or unworthy conduct. This renders the ownership of a gold

badge of the Fabiola Hospital Training School for Nurses an insignia of good standing as a nurse.

A few months ago an alumni association was formed, and it is hoped that this organization will be of much benefit to the nursing profession in Oakland.

List of Clothing, etc., Required for Nurses.

Three wash dresses, or uniforms, fourteen white aprons, three skirts (colored), necessary underwear, four night dresses, one wrapper, one pair bedroom slippers, shoes with low, rubber heels, two bags for soiled linen, one pair scissors, one napkin ring, a watch (with second hand), rubber overshoes, gossamer and umbrella. Caps and cuffs are not worn by probationers. All clothing must be plainly marked with the owner's name in full.

District Nursing.

This branch of our work goes on in a very satisfactory manner.

For the past four months this work has been very heavy. Some days it is impossible for the nurse to make all the visits on the list, and occasionally the least needy patients are left unattended so that the very sick ones may have a little extra care.

When a very urgent call is received and it is impossible for the regular district nurse to answer it promptly, a second nurse is sent out, and on several occasions some one of our graduates kindly came to our aid.

It is impossible to estimate the amount of good done by the district nurse, for in many homes some member of the family is told what to do and taught how to do it, and in this way the poor are helped to help themselves.

This work is also a means of developing the ingenuity of a nurse; the usual appliances are rarely to be had, so she has to plan all sorts of makeshifts from the scantiest and clumsiest kind of materials.

Respectfully submitted,

Sarah Caig,
Superintendent of Nurses.

COURSE OF LECTURES.

Fabiola Training School for Nurses.

1898-1899.

Fridays, 8 P. M.

1898.

- C. L. Tisdale, M. D.—Physiology.
Sept. 2. Heart and Circulation.
- Alice Bush, M. D.—Anatomy.
Sept. 9. Osseous System and Articulation.
Sept. 16. Integumentary and Muscular System.
Sept. 23. Nervous System and Special Senses.
Sept. 30. Regional Anatomy and General Quiz.
- C. L. Tisdale, M. D.—Physiology.
Oct. 7. Digestion.
- N. H. Chamberlain, M. D.—Obstetrics.
Oct. 14.
- H. P. Van Kirk, M. D.—Diseases of Children.
Oct. 21.
- N. H. Chamberlain, M. D.—Obstetrics.
Oct. 28.
- C. L. Tisdale, M. D.—Physiology.
Nov. 4. Digestion.
- N. H. Chamberlain, M. D.—Obstetrics.
Nov. 11.

B. F. Stetson, M. D.—*Materia Medica*.
Nov. 18, 25.

C. L. Tisdale, M. D.—*Physiology*.
Dec. 2. General Quiz.

A. S. Larkey, M. D.—*General Surgery*.
Dec. 9, 16.

1899.

Robert Hill, Jr., M. D.
Jan. 6. First Care of the New Born.
Jan. 13. Infant Diet.
Jan. 20. Infectious Diseases.
Jan. 27. General Quiz.

C. B. Schofield, M. D.—*Digestion*.
Feb. 3, 10, 17. Foods.

E. von Adelung, M. D.—*Nervous Diseases*.
Feb. 24.

A. L. Cunningham, M. D.—*Surgery*.
Mar. 3. Preparation of Patients, Instruments, and
Dressing, before Operations.
Mar. 10. Care of Patient, and Assistance During Oper-
ation.
Mar. 17. Emergencies and How to Meet Them After
Operations.

I. E. Nicholson, M. D.—*Hygiene*.
Mar. 24, 31.
Apr. 7, 14.

Susan J. Fenton, M. D.—*Gynaecology*.
Apr. 21, 28.
May 5.

G. H. Martin, M. D.—*Mental Diseases*.
May 12, 19.

1899-1900.

Fridays, 8 P. M.

1899.

Alice Bush, M. D.—Anatomy.

Sept. 8. Osseous System and Articulation.

Sept. 15. Integumentary and Muscular System.

C. L. Tisdale, M. D.—Physiology.

Sept. 22. Heart and Circulation.

Alice Bush, M. D.—Anatomy.

Sept. 29. Nervous System and Special Senses.

Oct. 6. Regional Anatomy and General Quiz.

A. L. Cunningham, M. D.—Surgery.

Oct. 13. Orthopedic Surgery.

Oct. 20. Fractures.

Oct. 27. After-Treatment of Surgical Cases.

Nov. 3. Lecture to Senior Class.

C. L. Tisdale, M. D.—Physiology.

Nov. 10. Digestion.

A. K. Crawford, M. D.—Emergencies.

Nov. 17, 24, and Dec. 1.

L. E. Nicholson, M. D.—Hygiene.

Dec. 8.

C. L. Tisdale, M. D.—Physiology.

Dec. 15. Digestion.

E. Von Adelung, M. D.—Nervous Diseases.

Dec. 22.

1900.

Robert Hill, Jr., M. D.

Jan. 5 First Care of New Born.
Jan. 12 Infant Diet.
Jan. 19 Infectious Diseases.
Jan. 26 General Quiz.

C. L. Osbale, M. D.—Physiology.

Feb. 2 General Quiz.

G. E. Whitworth, M. D.

Feb. 9 Chemistry.
Feb. 16 Toxicology.
Feb. 23 Urinary Analysis.

A. S. Larky, M. D.—General Surgery.

Mar. 2 and 9

N. H. Chamberlain, M. D.—Obstetrics.

Mar. 16 and 23

Mar. 30 Lecture to Senior Class.

James J. Fenton, M. D.—Gynaecology.

Apr. 4, 12 and 19.

H. E. Stearns, M. D.—Materia Medica.

Apr. 27. May 4

H. E. Van Kirk, M. D.—Anatomy of Man.

May 11

C. E. Schmidt, M. D.

May 18 General Practice.
May 25 Anesthetics.

G. W. Martin, M. D.—Microbiology.

June 1 and 8

Lectures on Sanitary Microbiology.
Lectures on Bacteriology.

Cal.
A.

Graduates of the Training School.

1889.

*Minnie M. Trask.....

1891.

Nellie BurnsAlameda, Cal.

Elaine M. Wooley.....Oakland, Cal.

Margaret M. Peelle.....Richmond, Ind.

1892.

*Frances E. Morrison

*Nettie E. Tolin.....

*Ruth A. Billings.....

Helen W. Harbaugh.....Oakland, Cal.

1893.

Jennie Humphreys.....Liverpool, Eng.

Viola Moody.....Healdsburg, Cal.

*Myrieum L. Howard.....

Nellie P. Brown.....Oakland, Cal.

Alberta E. Schaffer.....San Francisco, Cal.

*Esther James

*Lucille Elsey

*Clara B. Nichols.....

*Mabel Miller

Minnie Swift.....

1894.

*Ethel A. Palmer.....

*Eliza C. Foster.....

Adelaide M. Spencer.....Oakland, Cal.

May E. Kenny.....Oakland, Cal.

Sarah Caig.....Oakland, Cal.

*Lillie L. Manning

*Vina Fenton

*Annie R. Fryer.....

Augusta Calvin.....Oakland, Cal.

SAN FRANCISCO TRAINING SCHOOL FOR NURSES,
City and County Hospital.
San Francisco, Cal.

In the year 1891, when St. Luke's and Fabiola Hospitals graduated each their first class of nurses, and six years after the organization of the two first San Francisco schools, the City and County Hospital of San Francisco was induced to open its doors to that most persistent of females, "Progress," and as a consequence its windows also were opened, and the uniform of the "pupil nurse" was found in its wards. We all know what city and county hospitals were in the past, we also know what they may become under the régime of the trained nurse. Progress, in this case, materialized in the shape of Mrs. J. G. Lemmon, of Oakland, who was cared for through a severe illness, and her life, no doubt, saved through the skillful services of Miss Ida M. Forsythe, a graduate nurse from Blockley Hospital of Philadelphia. Grateful for her own recovery, her solicitude for the welfare of others became greatly enhanced; and, with her, desiring and doing are coincident, as a general rule. Consulting with Miss Forsythe, it was decided to visit the City and County Hospital of San Francisco, this being the largest institution of its kind on the Pacific Slope, and one that would afford the best opportunities for chemical instruction and experience. The superintendent physician, Dr. J. H. Healy, welcomed these earnest women cordially, the subject was laid before him, and finally, with the concurrence of the board, the plan was put in operation.

The work of the school, within a few months after its inauguration, with even the small number of young women, under the careful supervision of Miss Forsythe and her assistant, Miss Elise Mohl, eventuated in great improvement throughout the hospital. Neatly attired nurses were constantly on duty in the various wards; and

IN LIBRARY

Carrie Cole.....San Francisco, Cal.
 Ida W. Platt.....Woodland, Cal.
 Annette Horrell.....Guatemala, C. A.
 Harriett Rugg.....Berkeley, Cal.
 Hattie Cook.....Oakland, Cal.

1898.

†Minnie L. Miner.....
 Alice M. Schmidt.....Oakland, Cal.
 Florence George.. ..Portland, Or.
 Anna R. McCullough.....Sacramento, Cal.
 Nellie Keig.....Sacramento, Cal.
 Jessie G. Ure.....Shanghai, China.

1899.

Nellie Agnew.....Oakland, Cal.
 Ingrid Kokeritz.....Oakland, Cal.
 Pauline Madsen.....Berkeley, Cal.

Miss Katherine McClurg.
 Miss Emily C. Sorby.
 Miss May J. Taylor.
 Miss Theresa Corti.
 Miss Olive Purves.

Miss Clara Dowdle.
 Miss Jennie Leigh.
 Mr. Harry D. Bell.
 Miss Margaret Cosgro.

*Married since graduation.

†Died.

SAN FRANCISCO TRAINING SCHOOL FOR NURSES,

City and County Hospital.

San Francisco, Cal.

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LANE LIBRARY

where formerly the medicines were kept on the table at the bedside of the patients, who helped themselves at will, the drugs were placed in closets under lock and key, to be carefully measured and administered in the exact doses prescribed by the physicians. Neat charts were also seen at the heads of the beds, where the nurses kept record of temperature, respiration, and pulse—an indispensable requisite in the treatment of many diseases, especially fevers. The surgeons were also quick to appreciate the careful and intelligent preparation of patients for operations, and watchful care during the critical hours following. One of the leading physicians remarked that before the advent of the Training School he often found it difficult to distinguish between a nurse and patient, as patients were often trying to nurse each other.

In the year 1891, twelve nurses only were enrolled. In 1893-94, the number averaged sixteen. This number was recognized by the Board of Health as entirely inadequate for the work of the hospital. Up to 1895, no appropriation had been made to meet the expense of a larger force of nurses, although the Board of Health in office at that time was very willing to increase the nursing staff; but had no funds on hand for such purpose. In October, 1895, and April, 1896, two musicales were given, at the Occidental Hotel, under the auspices of the leading society women of San Francisco: the proceeds (\$217.00) were utilized for dormitory furnishings, providing accommodations for nine more pupils; increasing the number of pupil nurses from nineteen to twenty-eight.

With the increased number of nurses, the advantages to the patients were many, the relief to the nurses scarcely perceptible. The night force was increased from three to six, and frequently eight. A senior nurse was detailed as night superintendent of nurses, directing the work and seeing that all emergencies arising during the night were properly met.

Critical medical and surgical cases demanding extra care were furnished with special nurses—an arrange-

ment impossible when the school numbered but nineteen pupils, the custom then being to strap, or tie down delirious pneumonia and typhoid patients.

Miss Forsythe resigned in April, 1893, and was succeeded by her assistant, Miss E. K. Mohl, who remained in charge until June, 1895. Miss Mary Patton, also of the Philadelphia Hospital School, is the present efficient superintendent. She states that the curriculum followed is as near as possible to that approved by the Superintendents' Convention in 1896. Lectures on massage are given, also a course in cooking. The practical work in the wards gives training in the care of medical and surgical cases, eye and ear, skin diseases, diseases of women, obstetrics, and some work with children. The pupil nurses are not sent out to private cases during training. In comparison to the size of the hospital, the staff of nurses appears small to that of the other schools, but it must be remembered that a city hospital has no private rooms, and three nurses can care for a ward of twenty or twenty-five beds in a public hospital, where it would require at least twice the number, if not more, to care for the same number of beds placed in separate rooms. Two graduate nurses and one male nurse are employed in addition to the twenty-eight pupil nurses. A majority of the graduates are practicing in San Francisco, and have a house for themselves within a few blocks of the St. Luke's Hospital graduates, on Van Ness avenue.

It is a pleasure to add to this interesting report that information has just been received of an addition to the curriculum in the shape of physical training. Miss Patton is fitting up a temporary gymnasium and has secured the services of Miss Lilian Matson for two lessons a week. The nurses are to have daily use of the gymnasium and the work is to begin at once, a wise provision for the wet season, so near at hand.

Information for Applicants for Admission
into the
San Francisco Training School for Nurses, City and
County Hospital.

The City and County Hospital, which is capable of containing four hundred and fifty (450) patients, is divided into six departments, viz: Men's medical department, women's medical department, men's surgical department, women's surgical department, gynaecological department, maternity department.

Each of these departments is in charge of a head nurse, who is responsible, under the directions of the chief nurse, not only for the welfare of the patients, but for the conduct and training of the assistant or pupil nurses.

The head nurses of departments are senior nurses, elected for distinguished faithfulness, ability, and prudence.

Pupils may enter the training school by agreeing to remain in the service of the institution for a term of two years. They will receive ten dollars per month during their period of service, after three months of probation. This is in no wise intended as wages, it being considered that the education given is a full equivalent for services rendered. Pupils and probationers will be provided with board, lodging, and washing.

A candidate for admission into the training school must write promptly a letter containing information as to her age, past and present occupation, whether single or married, whether strong or healthy, and also enclose a letter from a clergyman testifying to her personal character; also one from a physician who has recently examined her heart and lungs, and who pronounces her in perfect health, and the date at which she wishes to commence her course of training, when, if satisfactory, an application form will be sent, which should be at once re-

turned, correctly filled up, to the "Principal of Training School, City and County Hospital." No pupils admitted under twenty-two years of age.

At the end of the first year the record of each pupil is carefully scrutinized, and the right is reserved to terminate then, or at any time, the connection of any pupil with the school, for inefficiency, misconduct, a generally unsatisfactory record, or for any other reason which may be deemed sufficient by the hospital authorities.

Probationers who have failed of acceptance in other hospitals, or who have been dropped or expelled, cannot be received under any circumstances.

Contract Signed by Pupil Nurses on Entering the School.
San Francisco.....189

I,, the undersigned, do hereby agree to remain two years from date, a pupil of the above-named institution, and promise, during that time, to faithfully obey the rules of School and Hospital, and to be subordinate to the authorities of the same.

In witness whereof, I hereunto affix my name.

.....

The course of training for pupil nurses comprises:

1. Ward work; including bedmaking, change of patient's position and linen, cleanliness of patients and utensils.
2. Making, application, and administration of various remedies, such as poultices, fomentations, leeches, etc.
3. Use of baths, friction, massage, and Swedish movements, application of electricity, etc.
4. Attendance on doctors, dressing of wounds and bandaging, and padding of splints.
5. Observation of general condition of patients with regard to appetite, skin, secretions, appearance of eruptions, chill, and fever, effect of medicine, and diet, sleep, etc.
6. Method of observing and recording temperature, respiration, and pulse.

7. Preparation of food for the sick.

8. Lectures and class instruction on general nursing, elementary anatomy and physiology.

9. Examinations, written and practical, on lectures and ward work.

Pupils will be expected to work in all departments of the hospital.

The diploma of the training school will be conferred, at the end of two years' training, on all pupils who are able to pass the examination of the training school committee. Pupils failing to satisfy the examiners will be allowed another trial with the sanction of the board of health.

During the three months of probation the uniform dress will not be worn, but aprons and caps must be provided.

COURSE OF LECTURES, 1897-98.

Dr. Wm. Watt Kerr.

1. **Pneumonia.**
2. **Hygiene.**
3. **Ventilation.**
4. **Ventilation.**
5. **House Drainage.**
6. **Disinfectants.**
7. **Disinfectants.**
8. **Nursing Febrile Cases.**
9. **Bath and Diet.**

Surgery—Dr. G. Franklin Shields.

(Wednesday—8 P. M.)

1. **Cell Life: Healing of Wounds.**
2. **Principles and Practice of Aseptic and Antiseptic Surgery.**
3. **Dressings and Their Disinfectants; Their Methods of Preparation and Use.**
4. **Surgical Instruments (Care of).**

Surgery—Dr. Emmet Rixford.

(Friday—11 P. M.)

1. **Anesthetics: Their Administration and Effects.**
2. **Care of Patient Before, During and After Operation.**
3. **Methods of Sterilization.**
4. **Preparation of Irrigating Fluids.**

Gynecology—Dr. C. A. Van Hoffman.

(Thursday—10 A. M.)

1. **Gynecological Instruments. Preparing Patients for Examination. Preparation for Operations and After-care.**

Abdominal Surgery—Dr. C. A. Von Hoffman.

1. **Technique to be Observed by Nurses. Post-Operative Care of Abdominal Cases.**

Eye, Ear and Throat—Dr. Lagan.**(Friday—4 P. M.)****Obstetrics—Dr. James F. McCone.****(Saturday—4 P. M.)**

1. Pregnancy. Impregnation.
2. Parturition. Natural Labor.
3. The Puerperal State. After-care.
4. Care of Infant in Health and Disease.

Diseases of the Skin—Dr. W. G. Hay.**(Tuesday—4 P. M.)**

1. Anatomy and Care of the Skin.
2. Nursing in Diseases of the Skin.

The Urine—Dr. L. Bazet.

1. Elementary Analysis of Urine.
2. Tests With Practical Work.
3. Nursing in Diseases of Urinary Organs.

Physiology—Dr. W. W. Wymore.**(Monday—4 P. M.)**

1. Phenomena of Life: Structure of Elementary Tissues.
2. Blood: Its Circulation.
3. Respiration.
4. Food and Diet. Digestion.
5. Absorption. Animal Heat, Skin and Kidneys.
6. Vascular Glands. Muscular System.
7. Voice. Speech. Cerebro-Spinal Nervous System.
8. Cranial Nerves. Senses.
9. Sympathetic Nervous System.
10. Reproductive Organs. Development.
11. Development (continued).
12. Relation of Life to Other Forces. Chemical Basis of Human Body.

Materia Medica—Dr. Meyer.

(Wednesday—8 P. M.)

1. Medicines and Their Methods of Administration. Dosage, Weights, and Measures. Terms and Preparations.
2. Classification of Drugs. Cathartics, Emetics, Stimulants, Hypnotics, Sedatives, etc.
3. Drugs Acting on Respiratory, Circulatory, and Excretory Systems; and Physiological Action in Each.
4. Poisons. Symptoms and Antidotes.

Anatomy—Dr. S. J. Fraser.

(Friday—8 P. M.)

1. Anatomy Proper: The Cell.
2. Bone: Development and Classification.
3. Bones of Skull.
4. Bones of Trunk.
5. Bones of Upper and Lower Extremities.
6. Joints.
7. Muscles.
8. Arteries and Veins: Lymphatics.
9. Brain and Spinal Cord.
10. Heart and Lungs.
11. Organs of Digestion.
12. Pelvic Organs.
13. Landmarks.

General Medicine—Dr. H. C. Moffitt.

1. Anatomy of Nervous System.
2. Physiology of the Nervous System.
3. Nursing in Diseases of Nervous System.
4. The Care of the Nervous and Insane.

Massage—Dr. Hedwig Malmestrom.**(Tuesday—4 P. M.)**

1. History—In Hands of Masseuse; in Hands of Nurse. Demonstration in Hand and Arm.
2. Effect on Digestion. Demonstration on Chest and Abdomen.
3. Demonstration on Foot and Leg.
4. Thigh. Passive Movements.
5. Massage of Head. Soporific Effect. How Obtained.
6. Demonstration on Back. Back and Gluteal Regions. Resistive Movements.
7. Sprains; Dislocations; Indurations; Paralysis; Percussion; Position; Use of Oils.

Dietetics—Miss E. Davies.**(Tuesday, 3 P. M.)**

1. Introductory.
2. Elementary Composition of Food. Food Classification.
3. Water. Uses in Human Body. Purity of Water. Variety of Drinking Water.
4. Water (continued). Experiments.
5. Force-Producing Value of Foods.
6. Strengthening Foods. Digestive Ferments.
7. Nutrition of Animal and Vegetable Foods Compared. Vegetarianism.
8. Changes Produced in Foods by Cooking.
9. Salts and Vegetable Acids.
10. Animal Foods.
11. Vegetable Foods.
12. Stimulants and Beverages.

Demonstration Lectures—Miss E. Davies.

1. Broths and Soups.
2. Cooking of Eggs.
3. Cooking of Eggs (continued).
4. Meats.
5. Toast Preparations.
6. Stimulants and Beverages.
7. Oysters.
8. Gruels.
9. Predigested Foods.
10. Special Diet for Certain Diseases.
11. Special Diet for Certain Diseases (continued).
12. Invalid Desserts

List of Graduates.**Graduates—1892-93.**

Archibald, Alice, Private Nurse, San Francisco.
Coffield, Mary, Private Nurse, San Francisco.
Hanson, Kate, Private Nurse, San Francisco.
McGovern, Katherine L., Private Nurse, San Francisco.
Robinson, Robin M., Private Nurse, San Francisco.
Waterman, Adelaide M., Private Nurse, San Francisco.

Graduates—1894-95.

Espeset, Belle S., Private Nurse, San Francisco.
Whicher, M. Louise, Librarian Public Library, San Francisco.

Graduates—1895-96.

Buchler, Lillie C., Private Nurse, San Diego.
Covert, Nellie D., Private Nurse, San Francisco.
Gibbel, Fannie B., Private Nurse.
Gray, Annie Irving, Private Nurse, New York, N. Y.
Mead, Mary E., School Department, San Francisco.
Parry, Frances A., Private Nurse.
Ranson Jennie, Private Nurse, San Francisco.
Ryan, Hattie D., Private Nurse, Denver, Col.
Reed, Elizabeth A., Private Nurse, San Francisco.
Wood, Adeleine M., Portland Oregon.
Walker, E. Maud.

Post-Graduate—1895-96.

Hulda E. Graves, Private Nurse, Victoria, B. C.

Graduates—1896-97.

Beasley, Mary L., Matron County Hospital, Santa Rosa.
McAfee, Mary S., Private Nurse, San Francisco.
Kane, Julia M., City and County Hospital, San Francisco.
Nelson, Jessie R., Private Nurse, San Francisco.
Thompson, Eugenie, Private Nurse, San Francisco.
Young, Lena G., Private Nurse, San Francisco.
Young, Mattie, Private Nurse, San Francisco.

Graduates—1897-98.

Cathcart, Josephine, Home, Pomona, Cal.
Gracier, Jennie, Private Nurse, San Francisco.
Howard, Carrie, Private Nurse, San Jose.
Hayden, Elsie S., Private Nurse, San Francisco.
Karstens, Otilie, Private Nurse, San Francisco.
Lampkin, Bertha, Private Nurse, San Jose.
McLean, Eliza, Private Nurse, San Francisco.
Nickson, Jane P., City and County Hospital, San Francisco.
O'Reilly, Mary, Private Nurse, San Francisco.
Roney, Margaret, Private Nurse, San Francisco.
Rist, Ella, Private Nurse, San Francisco.
Strand, Mary F., Soldiers' Home, Los Angeles County, Cal.
Tierney, Ellen, Private Nurse, San Francisco.

Graduates—1898-99.

Elizabeth Beauchamp.	Mary Kelly.
Margaret Bertram.	Rose De Grace McQueen.
Elizabeth Dutot.	Ellen Mullen.
Amy A. Hart.	Helena M. O'Brien.
Minnie Headley.	Eleanor E. Underwood.

FRENCH HOSPITAL,

San Francisco, California.

After the successful appeal of "Progress" to the City and County Hospital in 1891, four years passed by without any addition to the number of our training schools. Then, in 1895, two new hospitals, with all the newest improvements, were opened in San Francisco. In this day and generation, would it be possible to open a new hospital without a training school? Decidedly not; so here we have two new schools established in 1895. The first in the French Hospital, an old institution in a new home, situated near the Golden Gate Park, with plenty of ground room and plenty of air space; wards, bath-rooms, operating-rooms, et cetera, in the most modern, approved, sanitary and aseptic style.

A training school was organized upon completion and occupation of the new buildings. The first superintendent, or head nurse, was Miss Marion Williams, a graduate of the Children's Hospital. She was succeeded, in 1896, by Mrs. Kinny, of the Massachusetts General Hospital. Mrs. Kinny stayed long enough, presumably, to graduate the first class, as we find her place occupied in 1897 by Mrs. Sichel, a graduate of the school. She, in turn, was followed in 1898 by Mrs. Reyland, and, in 1899, Mrs. Kinny is again found in charge. The school was started with a two years' course, and graduated a class of ten in 1897. It then adopted the three-years' course. Nurses are sent out to private cases during their training; lectures are delivered twice a week. The practical training is medical and surgical. Camp Merritt pitched its tents almost at the doors of the French Hospital; those doors were opened at once to Uncle Sam's sick boys, and many a boy far from home has reason to bless its hospitable wards.

We regret that we have been unable to secure the names of the graduates from the French Hospital school.

LANE HOSPITAL,

Training School for Nurses.

Shortly after the opening of the New French Hospital, the Lane Hospital was completed and thrown open to the public as a private hospital. It is adjacent to, and in connection with, the Cooper Medical College. Both college and hospital owe their existence to the unflagging zeal and energy, as well as generosity, of Dr. L. C. Lane. The hospital is complete and perfect in every detail of its finishing and furnishing, from the office at the entrance to the model kitchen next the roof.

With the opening of the hospital was established, also, a training school for nurses, under the supervision of Miss Gille, of the Bellevue Hospital School, New York. A class of fourteen was graduated in '97, and Mrs. Leisey, one of the graduates, was chosen as superintendent upon the resignation of Miss Gille. The work of the hospital is principally medical and surgical. Nurses are not sent to outside work during training.

Rules and Regulations.

1. The term of pupilage and service in hospital embraces twenty-four months, commencing at the date of entering hospital.

2. The first three months are probationary, during which time the pupil may discontinue, or be discontinued, if found not adapted to the vocation.

3. After the probation period is passed and the pupil is accepted, the hospital dress must be worn while on duty.

4. The first year is without compensation other than maintenance in the hospital; during the second year the pupil receives as compensation ten dollars per month, and also instruction by lectures, arranged in terms of three months each, and practical demonstration and work in the art of nursing.

5. Novice nurses are required to have, on entering the school, three wash dresses and ten plain white aprons without strings, one pair of soft-soled shoes as worn in hospital, two laundry bags, white, marked with name in red cotton letters one-half inch long; bags to be twenty-four by thirty inches.

6. Nurses are required to keep their rooms and belongings clean, neat, and orderly; and to do whatever housework appertains to their hospital education.

7. Nurses are granted privileges as follows: Vacation of two weeks each year. One evening each month until 12 P. M. One afternoon twice monthly. Daily hours of recreation as the head nurse may direct.

8. Hours on duty in practical work, 7 A. M. to 7 P. M. Nurses are required to be in their rooms at 10 P. M. and lights extinguished at 10:30 P. M.

Disobedience of orders, or any inexcusable conduct unbecoming a nurse, may be punished at any time by suspension or dismissal from the school.

Classes of twelve each were graduated in 1898 and '99, including two male nurses, making a total of thirty-eight graduates since the organization of the school. Names of graduates have not been given.

COLLEGE TRAINING SCHOOL,

Los Angeles, California.

The first training school for nurses in the city of Los Angeles was organized and incorporated in July, 1896. It is called the College Training School for Nurses. The superintendent, Miss Jacobs, is a graduate of the Illinois Training School, Chicago.

The pupil nurses receive their practical training in the wards of the Los Angeles County Hospital. The services embrace all branches — medical, surgical, contagious diseases, eye and ear, nervous diseases, and maternity cases, thus giving the nurses a good, all-around training.

*Since the above was written, we regret to learn that the "College Training School" is not in operation. Miss Jacobs has returned to Chicago and pending the settlement of important business the school is suspended.

**THE CALIFORNIA HOSPITAL TRAINING SCHOOL FOR
NURSES.**

1414 South Hope Street,

Los Angeles, Cal.

Incorporators.

F. K. Ainsworth, M. D., Douglas Building.
W. W. Beckett, M. D., 315 West Sixth Street.
F. T. Bicknell, M. D., Bradbury Building.
H. G. Brainerd, M. D., 315 West Sixth Street.
Norman Bridge, M. D., Potomac Building.
E. A. Bryant, M. D., Douglas Building.
F. D. Bullard, M. D., Bradbury Building.
Geo. L. Cole, M. D., Potomac Building.
J. H. Davisson, M. D., Laughlin Building.
H. Bert Ellis, M. D., Bradbury Building.
John R. Haynes, M. D., 929 South Main Street.
W. W. Hitchcock, M. D., Laughlin Building.
Carl Kurtz, M. D., Douglas Building.
Joseph Kurtz, M. D., Douglas Building.
Geo. W. Lasher, M. D., Hotel Hollenbeck.
Walter Lindley, M. D., 315 West Sixth Street.
Granville MacGowan, M. D., Douglas Building.
A. L. Macleish, M. D., Bradbury Building.
M. L. Moore, M. D., Bradbury Building.
E. R. Smith, M. D., Bradbury Building.
C. F. Taggart, M. D., Potomac Building.
Wm. Le Moyne Wills, M. D., Wilcox Building.

Board of Directors, 1899.

Dr. F. T. BicknellPresident
 Dr. E. R. SmithVice-President
 Dr. Walter LindleySecretary and Manager
 Dr. W. W. Hitchcock.....Treasurer

Dr. F. K. Ainsworth.

Dr. John R. Haynes.

Dr. Geo. L. Cole.

The California Hospital contains seventy beds. The training school was organized July 11, 1898; present number of pupil nurses, thirty; term of training, two years; term of probation, one month. Allowance first year, six dollars per month; allowance second year, eleven dollars per month. The pupil nurse does not go out to private work, but, if she is nursing a patient in the hospital, who, on leaving, desires to take the nurse home during convalescence, the patient is frequently accommodated in that way.

The superintendent of nurses is Miss Sara E. Mill, a graduate of the College Training School for Nurses of Los Angeles.

The first commencement exercises were held June 29. There were four graduates. These nurses entered the hospital one year ago, having already been one year in training in other institutions.

Requirements for Admission.

The applicant must have a good grammar school education, must be in good general health, of good moral character, and be between the ages of twenty-one and thirty-eight years.

No one will be regularly admitted until she has had a trial of one month in the California Hospital.

At the end of the trial month, candidates, if considered satisfactory, are permitted to join the school upon signing an agreement to complete the prescribed course of two years and to conform to all rules.

Each applicant, upon admission, must have the following articles:

- 1 pair scissors.
- 1 fever thermometer.
- 1 hypodermic syringe.
- 1 blankbook for taking notes.
- 1 lead pencil.
- 1 copy Hampton's "Book on Nursing."
- 1 copy Stoney's "Materia Medica for Nurses."
- 1 copy Kimber's "Anatomy and Physiology" for nurses.

1 copy Gould's Pocket Pronouncing Medical Lexicon.

The right is reserved by the authorities of the school to terminate at any time the connection of any pupil or nurse for inefficiency, misconduct, general unsatisfactory record, or for any reason which may be deemed sufficient, without stating cause.

Time of Admission.

Students are admitted at any time there is a vacancy in the hospital and are allowed to graduate in the class nearest the end of their two years' course, provided they pass successfully the final examinations. If any student graduates before the full two years' course of lectures or hospital service, the diploma is withheld until the full course of both lectures and hospital service is completed.

Requirements for Graduation.

The applicant for graduation must have attended a two years' course in a recognized training school, the last of which shall be in the California Hospital Training School for Nurses, and shall have done two years' service in a hospital satisfactory to the Board of Directors, the last of which shall be in the California Hospital, and shall successfully pass the final examinations.

May—Final Examinations.

Regular Course.

Junior Lectures for 1899-1900, Mondays, 8 P. M.
Beginning September 18.

Anatomy and Physiology.

1. September 18. "The Circulatory System."—Dr. F. D. Bullard.
2. September 25. "The Respiratory System."—Dr. Norman Bridge.
3. October 2. . . "The Excretory System."—Dr. Claire Murphy.

Bacteriology and Pathology.

1. October 9. . . "The Relations of Micro-organisms to Health and Disease."—Dr. Stanley P. Black.
 2. October 16. . . "The Infection of Wounds, with a Consideration of Bacteriological Study."—Dr. G. W. Lasher.
 3. October 23. . . "The Phenomena of Inflammation, Immunity to Disease."—Dr. G. W. Lasher.
- Hygiene.
1. October 30. . . Air. "Chemistry of the Atmosphere. The influence of the various constituents on the animal body. The alterations produced on the surrounding atmosphere through respiration. Pollution of air from various sources. Ventilation and heating."—Dr. Stanley P. Black.
 2. November 6. Water. "Injurious organic and inorganic constituents to be found in water. Sources of contamination. Purification of water."—Dr. Stanley P. Black.

3. November 13. Disinfection. "Sterilization and disinfection of clothing, apartments, excreta, and the disposal of the latter."—Dr. Stanley P. Black.
4. November 20. Personal Hygiene. "Food. Clothing. Bathing. Exercise."—Dr. Merritt Hitt.

Medical Lectures.

1. November 27. "The General Care and Observation of Patients."—Dr. Geo. L. Cole.
2. December 4. "The Recording of Observations of Temperature, Pulse and Respiration."—Dr. Joseph M. King.
3. December 11. "Nursing in Febrile Diseases, including the use of cold water baths."—Dr. Geo. L. Cole.
4. December 18. "The Blood."—Dr. Joseph M. King.
5. January 8... "Nursing in Contagious Diseases."—Dr. Geo. L. Cole.
6. January 15... "Diet."—Dr. Geo. L. Cole.
7. January 22... "Medical Appliances, Emergencies and Common Poisons, with their Antidotes."—Dr. G. A. Shurtleff.

Surgical Lectures.

1. January 29... "Cell Life. Healing of Wounds. Inflammation."—Dr. G. W. Lasher.
2. February 5.. "Principles of Aseptic and Antiseptic Surgery. Dressings and Disinfectants and their Methods of Preparation and Use."—Dr. Carl Kurtz.
3. February 12.. "Anaesthetics and their Administration. Care of Patient Before, During and After Operation. Shock and Emergencies."—Dr. F. D. Bullard.

4. February 19.. Some Special Operations. Surgical Diseases, Tumors, etc.—Dr. Joseph Kurtz.
5. February 26.. “Hemorrhage and its Treatment. Wounds and their Treatment.”—Dr. W. Le Moyne Mills.
6. March 5..... “Fractures, Dislocations, Contusions and Sprains; their Diagnosis and Treatment; Prompt Aid to the Injured.”—Dr. F. K. Ainsworth.
7. March 12..... “Wound, Suppuration, Abscess, Erysipelas, Septicemia, Tetanus, etc.”—Dr. G. W. Lasher.
8. March 19..... “Principles of Bandaging, Dressing of Wounds, Accidents.”—Dr. W. W. Hitchcock.
9. March 26..... “Anatomy and Physiology of the Rectum.”—Dr. W. C. Burke.
10. April 2.... “Preparation of Patient for Rectal Operation.”—Dr. W. C. Burke.
11. April 9.... “Nurse’s Duties Following Rectal Operation.”—Dr. W. C. Burke.

Gynecology.

1. April 16..... “Special Anatomy of the Pelvis. Diseases of Women. Gynecological Instruments.”—Dr. Carl Kurtz.
2. April 23..... “Abdominal Surgery. Technique to be Observed by the Nurse.”—Dr. E. R. Smith.
3. April 30..... “Post-operative Care of Abdominal Cases. Vomiting, Pain, Tympanites, Catheterization, Position of Patient, Dressings, Enemata, Hypodermic Injections.”—Dr. W. W. Hitchcock.

4. May 7..... "Peritonitis and Wound Infection. Modes of Infection and How to Prevent. General Gynecological Operations. Preparations For and After Care."—Dr. F. T. Bicknell.

Diseases of the Eye.

1. May 14..... "The Anatomy of the Eye. Care in Health and Disease."—Dr. H. Bert Ellis.
2. May 21..... "Care of Eyes After Operation."—Dr. A. L. Macleish.

Diseases of the Ear, Throat and Lungs.

1. May 28..... "Anatomy of the Ear. Care in Health and Disease."—Dr. E. W. Fleming.
2. June 4..... "Diseases of the Throat and Nose."—Dr. W. D. Babcock.
3. June 11..... "Treatment and Nursing of Diseases of Throat and Nose."—Dr. A. C. Rogers.
4. June 18..... "The Nose and Throat in Health. How to Avoid Disease."—Dr. W. W. Murphy.

Senior Lectures for 1899-1900. Thursdays, 8 P. M. Beginning September 14.

Obstetrical Lectures.

1. September 14. Anatomy. "Organs concerned in Pregnancy and Parturition; the Pelvis, Soft Parts and Placenta."—Dr. John Ferbert.
2. September 21. Physiology and Hygiene of Pregnancy. "The development of uterus. Changes in maternal organism incidental to pregnancy. Diagnosis of pregnancy. Condition of pelvic organs at term. Rules for

the calculation of the probable duration of pregnancy. Death of foetus in utero. Vomiting of pregnancy. Hygiene of Pregnancy. Care of the bowels, breast, etc."—Dr. M. L. Moore.

3. September 28. Labor. Presentation of the Child. Mechanism of normal labor. Preparation of the patient."—Dr. M. L. Moore.
4. October 5... "The Child and its Care."—Dr. Rose Bullard.
5. October 12... "Management of the Mother During the Puerperium."—Dr. John R. Haynes.

Children.

1. October 19... Care of Infants. "Condition of the child after birth. (1) General appearance, (2) bony framework, (3) internal organs, (4) changes in the blood circulation, (5) establishment of pulmonary respiration."—Dr. W. W. Beckett.
2. October 26... Infancy. "(1) Growth and developments, (2) physiological peculiarities, (3) tendency to disease, (4) great mortality."—Dr. D. W. Edelman.
3. November 2.. Care of Healthy Infants. (1) Handling, (2) bathing, (3) clothing, (4) sleep, (5) exercise, (6) the nursery."—Dr. Elizabeth Follansbee.
4. November 9.. Infant Feeding. "(1) In health, (2) in sickness."—Dr. J. H. Seymore.

The Urine, Toxicology, and Antidotes.

1. November 16.. "Elementary Analysis of the Urine."
—Dr. F. D. Bullard.
2. November 23.. "Poisons and Antidotes."—
Dr. Alfred Fellows.

Contagion.

1. November 30.. "Some Common Modes of Contagion,
and How to Guard Against Them."
—Dr. Edward J. Cook.

Massage.

1. December 7.. History. "In the hands of the mas-
seuse. In the hands of the nurse.
Demonstration on the hand and
arm."—Dr. Joseph Kurtz.
2. December 14.. Effect on Digestion. "Demonstra-
tion on chest and abdomen."—Dr.
Joseph Kurtz.
3. December 21.. "Demonstration on Foot and Leg."
—Dr. Joseph Kurtz.
4. January 4... "Thigh—Passive Movements."—Dr.
Joseph Kurtz.
5. January 11... "Demonstration on Back. Back and
Gluteal Regions. Resistive Move-
ments."—Dr. Joseph Kurtz.
6. January 18... "Sprains, Dislocations, Indurations,
Paralysis, Percussion, Position,
Use of Oils."—Dr. Joseph Kurtz.

General Medicine.

1. January 25... "The Nervous System."—Dr. H. G.
Brainerd.
2. February 1.. "The Heart and Respiratory Organs."
—Dr. E. R. Smith.

3. February 8.. "The Digestive Tract." — Dr. Le Moyne Wills.
4. February 15.. "Nursing in 'la Grippe,' Rheumatism, and Asthma."—Dr. J. H. Davison.

Electro-Therapeutics.

1. February 22.. "Practical Application of Electricity."—Dr. W. W. Hitchcock.

Insanity.

1. March 1.... "The Care of the Nervous and Insane."—Dr. H. G. Brainerd.
2. March 8.... "What to do for Special Forms of Insanity."—Dr. H. G. Brainerd.
3. March 15.... "Occupation for the Invalid and Convalescent."—Dr. H. G. Brainerd.

Diseases of the Skin.

1. March 22.... "Anatomy and Care of the Skin."—Dr. Granville MacGowan.
2. March 29.... "Nursing in Diseases of the Skin."—Dr. Ralph Williams.

Dietetics.

1. April 5..... Nutrition. "Some proofs that different methods of cooking produce different results in food as to its digestibility."—Dr. Anna W. Nixon.
2. April 12..... Process of Cooking. "Fire—effect of heat on food materials. Relative merits of different ways of applying heat."—Dr. Anna W. Nixon.
3. April 19..... "Food Adjuncts and Food Adulterations."—Dr. Anna W. Nixon.

Materia Medica and Therapeutics.

1. April 26..... Dr. Clarence W. Pierce.
2. May 3..... Dr. Clarence W. Pierce.

Graduates.

Miss Althea F. Clark, Los Angeles.

Miss Lillian Simpson, Los Angeles.

Miss Susan A. Purdam, Los Angeles.

Miss Mary Sergeant, Los Angeles.

MATER MISERICORDIAE HOSPITAL.

Sacramento.

October, 1897, saw the first school in Sacramento organized. It is in connection with the Mater Misericordiae Hospital, which has eighty beds, and is controlled by the Sisters of Mercy, with a nursing staff of thirteen pupil nurses. The head nurse, Miss Igo, is a graduate of the California Woman's Hospital, San Francisco. The course of training is two years, and consists of lectures by a staff of local physicians, practical demonstrations, and actual work in the hospital.

Through the courtesy of Dr. James H. Parkinson we have the following: After the 1st of January next, the lectures will be delivered five times a week. The names of the officers of the Hospital are:

The Sister Superior.

Dr. G. W. Dufficy, Resident Physician.

Miss Mary Leonard, Superintendent of Nurses. (In place of Miss Igo, resigned.)

There have, so far, been no graduates.

SAN JOSE SANITARIUM,

San Jose, California.

The San Jose Sanitarium, conducted by the Sisters of Charity, opened a training school early in the spring of 1898. The management of the school, class-work, and the schedule of lectures and instructions are similar to those of St. Joseph's Hospital, Chicago, with which Dr. N. Senn is connected, and after which the school has been modeled.

The spring of 1900 will be marked by the first graduation from the school.

Ample time is afforded the nurses for the preparation of their class-work. They have also the opportunity of assisting at operations, and at the lectures given regularly by the physicians and surgeons composing the training school staff. Occasionally, the pupils are sent to private cases outside the hospital. Recently, the lecture-room connected with the school was fitted up with comfortable desk chairs, having a tablet attachment, received from Chicago.

The instructions will be given by means of: 1. Practical daily work in the treatment and care of the sick; 2. By daily class work; 3. By two lectures each week given by the physicians and surgeons of the Nurses' Training School staff; and covers the grounds of anatomy, physiology, hygiene, materia medica, medical nursing, gynecology, general management, obstetrics, treatise on the eye, ear, skin, kidneys, electricity, bacteriology, massage, and children.

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THE GERMAN GENERAL BENEVOLENT SOCIETY

German Hospital

SAN FRANCISCO, CAL.

GENERAL OFFICE

360 Geary Street

TELEPHONE MAIN 1557

H. C. JORDAN, General Agent

HOSPITAL

Cor. Fourteenth and Noe Sts.

TELEPHONE WEST 268

F. ROSENBAUM, Superintendent



VISITING STAFF

DR. F. FEHLEISEN, General Surgery

DR. HENRY KREUTZMANN, Gynecologist

DR. R. W. BAUM, Internal Diseases

DR. G. DRESEL, Eye, Ear, Throat and Nose

CONSULTING STAFF

DR. B. MACMONAGLE

DR. D. W. MONTGOMERY

DR. L. NEWMARK

DR. M. REGENSBURGER

DR. P. DE VECCHI

DR. A. WILHELM

DR. W. A. MARTIN

K. O. JELLINECK

T. C. RETHERS

RESIDENT STAFF

DR. CHAS. H. ROESE, and three Internes

CITY PHYSICIANS

DR. MAX SOLOMON

DR. CONRAD WEIL

No hospital on the Pacific Coast can vie with the German in beauty and healthfulness of location and environment. It is situated on sloping ground in the sunny, fog-free part of the city. Stately trees, grassy lawns, and an abundance of flower beds lend the place more the air of a luxurious country home than of a city hospital. The very aspect of the place is soothing and reassuring.

Notwithstanding the fact that the hospital in its present condition successfully competes with any similar institution on the Coast, the German General Benevolent Society, in its progressive endeavors, has resolved to erect on its present beautiful grounds, a more spacious and absolutely modern hospital, to meet the constantly increasing demands of its numerous patrons. The probable cost of the new building alone has been estimated at \$250,000.

Physicians may attend their own cases without apprehension or interference, as no one entering the hospital as the private patient of any physician can become a hospital patient during his or her sojourn there.

The Hospital can easily be reached by the Castro and Haight Street cars and by the Fillmore Street line

TRAINING SCHOOL FOR NURSES, GERMAN HOSPITAL.

San Francisco, California.

The Training School for Nurses of the German Hospital, is under the direction of a board consisting of the visiting physicians, the resident physician, and the chairman of the hospital committee (or his substitute from the general board) as chairman.

The said board shall meet at the hospital on the first Monday of each month to consult and pass upon the current affairs and management of the school. Matron and principal of school, Miss Agnes D. Thee.

The German Hospital is the property of the German Benevolent Society of San Francisco, and is controlled by their board of directors, under the special supervision of a hospital committee appointed by the president from among the members of the board. The Hospital itself is beautifully located in what is called the "warm belt" of the city; on high ground, overlooking most of the city, the view spreads away, over bay, islands, Berkeley hills, and Coast Range. Of course, one does not always get the view, on account of fog and haze and city smoke; but it is always there, and when a good rain has washed the atmosphere and made it as "surgically clean" as possible, the view from the porch of the German Hospital is superb; and, as that is the first thing one does before entering its doors, just to stand still and take in the view, it is perfectly proper that we should do so here. Upon entering, we find high ceilings, broad corridors, large windows, and light—plenty of light—and air. The building itself is rather old, but during the past year has been completely renovated; the laboratory of the medical department has been refitted for bacteriological, pathological, and histological researches. The surgery has been refitted with the most modern sterilizers, both for dressing materials and water. The hospital has also a

complete arrangement for the sterilization of mattresses and bedding. They have a room fitted up with a static machine, and other electrical appliances for electrotherapeutics and X-ray work. Along with all these renovations and improvements came the training school for nurses. The school was organized April 3, 1899, with thirteen nurses, and Miss Agnes D. Thee, a graduate of the California Woman's Hospital, as chief nurse and matron. The hospital contains one hundred and fifty beds, but they do not all come under the care of the pupil nurses; the school has charge of all the female patients, and the male surgical service.

This surgical service is a good preliminary one for army nursing; as it is an ambulance service, a nurse is always detailed to go with the ambulance. Other services besides the surgical are, medical, obstetrical, eye, and ear, skin, and nervous diseases. There are many private patients in the hospital; graduate nurses are employed for special cases.

Regulations for Pupils.

The enrollment of pupils is performed by the board after candidates have submitted to a medical examination or presented a medical certificate as to their general health and fitness, also an endorsement of their good character from two or three reputable persons not of their own kin.

They must agree in writing to comply with all rules and conditions, and truthfully answer all questions submitted to them.

Candidates should be possessed of a common school education and be between 18 and 30 years old, but in appointing a candidate the board may make exceptions with respect to age. Pupils are under the immediate authority of the resident physician and the matron, and must comply with their instructions.

All pupils shall serve two months on probation with free board, lodging, and laundry, but without pay. At

- the end of the second month the school board decides upon their final admission to the school for a period of two years, inclusive of the time of probation. When thus admitted, pupils receive eight dollars (\$8.00) per month for the first ten months, and ten dollars (\$10.00) per month for the second year, for current personal expenses, besides gratuitous tuition, board, lodging and laundry. This sum is in no way intended as wages, it being considered that their education during this time is a full equivalent for their services.

The school board has full power to dismiss any pupil at any time for good and sufficient cause, such as disobedience, neglect of duty, unbecoming conduct, et cetera.

At the end of the second year pupils, after having passed an examination by the physicians and the matron as to their fitness, receive a diploma and the gold badge of the school.

Pupils after probation wear, while on duty, the dress prescribed by the school board, which they have to provide at their own expense.

The training shall be both theoretical and practical and is to be administered by the visiting physicians, the resident physician and the matron, upon lines laid down by the school board and at stated times.

Every ward or group of sick chambers, including their closets and hallways, are under the care of the head nurse, who is responsible to the matron for good order, cleanliness, and the nursing of patients. Head nurses are named by the school board, on recommendation of the matron, from those pupils who have served their first year in the hospital.

Pupils for the purpose of serving as nurses are assigned to the female and surgical wards and the operating-rooms respectively. As a rule no pupil should be called upon for night duty who has not been connected with the school for at least six months.

Each ward shall be provided with a male or female assistant to perform the chore work, who is under imme-

diate orders from the head nurse or matron and cannot be given leave of absence without the consent of either. The appointment or dismissal of this assistant is performed by the superintendent of the hospital with the concurrence of the matron.

Hours of duty for day nurses are from 6:30 A. M. to 7:30 P. M., except when lessons are given after the latter hour, and for night nurses from 7:30 P. M. to 7 A. M., but in special cases exceptions may be made from this rule. Nurses on night duty are required to be in bed until 4 P. M. Day nurses are entitled to one hour for recreation after 2 P. M., if circumstances permit, but, during that time they are not allowed to leave the hospital grounds without permission of the matron. In cases of sickness, pupils are cared for without charge, but their allowance is suspended for the term of their sickness if it lasts longer than a week, and, if necessary, they have to make up their time. Leave of absence is given every second Sunday afternoon till 10 P. M., one afternoon and evening in each week, and two weeks' vacation each year.

Lecture Course for 1899-1900.

"Medical Diseases and their Care."—Dr. R. W. Baum.

"General Surgery and Surgical Nursing."—Dr. F. Fehleisen.

"Gynecology. Theory of Obstetrics. Obstetrical Nursing."—Dr. Henry Kreutzmann.

"Eye and Ear. Nose and Throat."—Dr. G. Dresel.

"Anatomy and Physiology."—Dr. Chas. H. Koese.

Senior Class for 1900.

Elizabeth Marhle	Belle Lawrence
Mathilde Douhhacker	Lois Rice
Edna Spencer	Annie Duke
Elizabeth Peterson	Bertha Beling
Josephine Francs	Nora Crane
Emily Hebeisn	Bertha Ostermann
Agnes Fillmore	

SUPPLEMENT

BRINGING

Training Schools for Nurses

IN THE

State of California up to 1905



ARRANGED AND COMPILED BY

ADELAIDE MABIE

Graduate of New York City Training School for Nurses,
Member of California State Nurses' Association,
and San Francisco Branch, Guild of St. Barnabas for Nurses.

HOSPITAL FOR CHILDREN AND TRAINING SCHOOL FOR NURSES

NO. 3700 CALIFORNIA ST., CORNER MAPLE, S. F., CAL.

The course of training in this school has been extended to three years.

Candidates, if approved, will be received on probation for three months. During these months of probation, the pupils are boarded and lodged at the Hospital, but if not accepted, receive no other compensation. They are not permitted to join the school formally until the end of the third month, when, if accepted by the Superintendent and the Training School Committee, they must sign an agreement to complete the prescribed course of three years and to conform to all rules.

In addition to board, lodging and a reasonable amount of laundry work, the pupils are given a monthly allowance of five dollars. This allowance is not given as payment for services rendered (the training and teaching given, and the profession acquired being considered an ample equivalent), but is given for the purpose of the required uniform dress and text-books, and to meet other expenses incidental to the training.

In sickness the pupils will be cared for, but the time so lost must be made up. A vacation of three weeks is allowed at the end of the first and second years.

FROM THE ANNUAL REPORT, 1903.

"Our Training School for Nurses has grown to the limits of our household capacity. Fifty-two nurses are now on our roll, and even with our comfortable Nurses' Home we have not sleeping accommodation for a larger number, so that at times graduate nurses have to be engaged for duty on special cases.

"It was with great regret that in September of this year we accepted the resignation of Miss Ada M. Payne, who left us to accept a flattering offer of a position in one of the largest Eastern hospitals. Her record for efficiency in good work that she brought from Pennsylvania to us was remembered, and inducements were offered to take her back to Philadelphia. We are fortunate in having as Miss Payne's successor in the position of Superintendent of Nurses Miss Katharine Brown, a graduate of the Philadelphia Presbyterian Hospital of the Class of '97, and superintendent for two and a half years at the Samaritan Hospital, Philadelphia.

"Excellent work is being done in our Training School. A high standard of instruction and discipline is maintained, and the length of the course has been extended to three years. Twenty-one nurses received their diplomas at the graduating exercises held on September 5th, always the event of the year in our Nurses' Home.

"To further increase the efficiency of our nurses, and for the greater comfort in catering to patients, the services of a scientific teacher of cookery have been secured, under whose instruction and supervision the nurses learn scientific invalid cooking, themselves preparing all broths, salads and delicacies for the patients in the diet kitchen. This supercedes the old system of cooking classes and lectures to each graduating class."

ANNUAL REPORT
of the
CHILDREN'S HOSPITAL
Nurses' Alumnae Association

The second year of the Children's Hospital Nurse's Alumnae Association has just closed and a review of the work done during the past year will be of interest to many of our friends and members. In January, 1901, the generosity of our Hospital manager made it possible for us to open the long wished for Nurses' Directory. Our desk and telephone were placed in the reception room of the Eye and Ear ward, and the board and room and five dollars a month were contributed towards the support of our Assistant Secretary, who was placed in charge of the work. To the constant attention and supervision of Miss Lynch, whose work at the Hospital is in the same building, we are largely indebted for the success which our own Directory has enjoyed. In February cards announcing the opening of the Directory were sent to the physicians in San Francisco and adjacent towns. The demand for nurses has usually been in advance of the number of nurses registered for calls.

In March a special meeting was called and representative nurses of the State, including the Superintendents of all the Hospitals in the city were invited to be present and a State Association of Trained Nurses was formed, which bids fair to be the leading organization of nursing societies of the West. Through this association we expect to regulate the practice of nursing in this state, and secure such legislation as will provide for the examination of trained nurses and their registration by a state board of examiners appointed for that purpose. By so doing we will safeguard the public, and raise the standard of nursing and training schools; for, unless a training school can give training of a quality that will ensure the pupil a fair chance of passing what will be termed state board examinations for nurses, it will soon fall from favor, or be obliged to raise its standard of instruction.

In May it was decided that a delegate be sent from our Children's Hospital Alumnae Association to the Nurses' Associated Alumnae of the United States, which held its sixth annual meeting in Boston,

June 10, 1903. The writer was elected delegate and was received at the convention with every courtesy and our Alumnae was admitted to full membership, being the only training school on the Pacific Coast admitted up to this time. In August the order of "Spanish American War Nurses" held its annual meeting in our city with headquarters at the Presidio. It was our privilege on August 26, to entertain this body of women with a reception at the Nurses' Home. We also had the pleasure of meeting our Hospital manager on this occasion. A programme consisting of musical numbers was enjoyed by all, after which refreshments were served and our guests shown through the Hospital. At this time our association was able to express in some way its appreciation of our corresponding secretary, Miss Eleanor Williams, by securing for her a life membership in the order of "Spanish American War Nurses," she having served in Manila during the Spanish-American war.

In December our Alumnae Association became incorporated under the laws of the State and started an endowment fund for the purpose of endowing a room at the Hospital for its sick members. Very many of our nurses have other responsibilities than caring for themselves, making it impossible to provide for emergencies, and we feel sure that the appeal for funds to endow a room for those who have done so much to make sickness and suffering of others easier to bear, will find a ready response. In closing the year's work we do it with a hope and confidence of accomplishing this end. We take this opportunity of thanking the following friends and members for gifts of money during the year: Mrs. W. B. Harrington, Miss Ada Payne, Miss Margaret Goodhue, Dr. Criswell.

We also wish to thank the Golden Gate Park management and Miss K. O. Sessions for gifts of flowers and material for decorating upon different occasions.

Respectfully submitted,

HELEN P. CRISWELL, President.

ST. LUKE'S HOSPITAL.

SAN FRANCISCO, CAL.

VALENCIA STREET, NEAR JUNCTION OF MISSION

BOARD OF DIRECTORS

BISHOP W. F. NICHOLS
A. N. DROWN
C. D. HAVEN
J. A. EMERY
WM. MINTZER
W. H. CROCKER
W. L. PORTER

The term of training in the St. Luke's Hospital School for Nurses was lengthened to three years in 1900.

An Alumnae Association was formed in 1900 and is doing good work among the graduates.

The "Course of Training," as found on page 33, has been increased as follows:

The care of sick-rooms and wards, and the principles of warming and ventilation.

The management of helpless patients, making beds, changing bed and body linen and giving baths to patients in bed, the prevention and dressing of bed sores, the administration of enemata and douches, and the use of catheter.

Massage, and the giving of all kinds of baths, disinfection and prevention of contagion, obstetrical nursing, nursing sick children, care of patients before, during and after surgical operations, control of hemorrhage, artificial respiration.

LECTURES 1903.

Anatomy and Physiology, Dr. Lewis W. Allen.

Hygiene, Dr. Clara Williams.

Bacteriology and Clinical Pathology, Dr. Mary Halton.

Principles of Surgery, Dr. Geo. J. McChesney.

General and Abdominal Surgery, Dr. C. G. Kenyon.

Eye and Ear, Dr. G. H. Powers.

Nose and Throat, Dr. G. Pond.

Fevers and Exanthemata, Dr. Geo. H. Evans.

General Diseases, Dr. Washington Dodge.

Diseases of Children and Dietetics, Dr. Clark J. Burnham.

Gynæcology, Dr. S. G. Boyd.

Obstetrics, Dr. C. A. Von Hoffman.

Materia Medica and Toxicology, Mr. J. J. Lawrence.

Massage with Demonstrations, Miss Ella Mansfield.

In connection with the three years' term the allowance for uniforms, text-books, etc. has been changed to \$8 per month for the first year, \$10 for the second year, and \$12 for the third year.

The staff of nurses was increased to forty-two in 1903.

Miss Brierly resigned her position as Superintendent in 1901. She was succeeded by Miss Sophia L. Rutley of the Farrand School, Detroit, Mich. Miss Rutley resigned in May 1904, and Miss Lydia Bell, a graduate of the School, is now Acting-Superintendent.

... The ...

French Hospital Training School for Nurses

Point Lobos Avenue, San Francisco

Emma V. Keeley, Superintendent

THE FRENCH HOSPITAL TRAINING SCHOOL FOR NURSES has made arrangements for giving three years' training to women desirous of learning the art of nursing.

Those wishing to obtain the course of instruction must apply to the Superintendent of the Training School, upon whose approval they will be received into the school for two months on probation. The acceptable age for candidates is from twenty-three to thirty-five years. The applicant should send with answers to the paper of questions, a letter from a responsible person, testifying to her good moral character, and from a physician, stating that she is in sound health. Applicants are received at any time during the year when there is a vacancy. During the months of trial and previous to being accepted as a pupil in the school, the applicant must be prepared for an examination in reading, penmanship, simple arithmetic and English dictation. The examination is to test the applicant's ability to read aloud well, to write legibly and accurately, to keep simple accounts, and to take notes of lectures. This amount of education is *indispensable* for a member of the school, but applicants are reminded, *that all other things being equal, women of superior education and culture will be preferred.*

The Superintendent of the Hospital in conjunction with the Training School Superintendent will decide as to their fitness for the work, and the propriety of retaining or dismissing them. They can also discharge a pupil at any time in case of misconduct or inefficiency. All difficulties arising among the nurses at the Training School must be submitted to the Training School Superintendent who will refer the same to the Superintendent of the Hospital and if it can not thus be satisfactorily adjusted, the Hospital Superintendent only shall be entitled to apply to the Board of Directors for final decision. During the months of probation the pupils are boarded and lodged at the expense of the School, but receive no other compensation.

Those who prove satisfactory will be accepted as pupils, after signing the following agreement:

I, the undersigned, do hereby agree to remain thirty-four months from date a Pupil of the above-named Institution; and promise during that time to faithfully obey the Rules of the School and Hospital, and to be subordinate to the authorities governing the same.

They will reside in the Hospital and serve as assistants in its wards.

In addition to board and lodging, pupils will be allowed eight dollars a month for the first year; twelve dollars a month for the second year; and twenty dollars a month for the third year. This is intended for the purchase of uniforms, text-books, and other expenses incidental to the training.

They are required after the months of probation, when on duty, to wear the dress prescribed by the institution.

The hours of duty are from 6:30 A. M. to 7:30 P. M. Reasonable time will be allowed for study, exercise and rest. Unless in an emergency they are also given an afternoon during the week and a part of each Sunday; a vacation of ten days is allowed each year. The course of instruction will be given by the physicians and surgeons at the bedside of the patients, and by the Superintendent of Nurses. A regular course of lectures, recitations, and demonstrations will be given with the examinations at stated periods. When the full term of three years is ended, the nurses thus trained, on leaving the school and institution will each receive a diploma, if they successfully pass the required examination.

MOUNT ZION HOSPITAL

INCORPORATED

2311 SUTTER STREET, SAN FRANCISCO, CAL.

The Training School for Nurses attached to the Mount Zion Hospital was organized January 1, 1897, with ten nurses, and a two years term of service and instruction. In 1901 the term was lengthened to three years and the staff of pupil-nurses increased to eighteen. The present superintendent, Miss Margaret Lindsay, is a graduate of the school. She has the entire charge of the nurses, reporting to a Hospital Committee appointed by the board of Directors.

Pupils may enter the training school by agreeing to remain in the service for a term of three years. They will receive \$10.00 per month for the first two years after the three months probation, and \$15.00 per month for the third year of service. This sum is allowed for uniforms, books and other expenses connected with the training school and in no way intended for a salary. Pupils are provided with board, lodging and laundry.

A candidate for admission into the training school must be a high school graduate and must write a letter containing information as to her age, past and present occupation, whether single or married, whether strong and healthy, and also enclose letters from a clergyman and two friends, testifying to her personal character, also one from a physician who has recently examined heart and lungs, and who pronounces her in perfect health, when, if satisfactory, an application form will be sent, which should be at once returned, correctly filled out, to the matron of the Mount Zion Hospital. No pupil is admitted under 20 years of age.

Hours of duty for day nurses are from 7 a. m. to 7 p. m.; for night nurses from 7 p. m. to 7 a. m. No nurse is required to do both day and night duty on the same day except in emergencies.

All nurses are required to have thermometer, small forceps, scissors and hypodermic syringe.

Each nurse on day duty is allowed one hour after 1:30 p. m. for recreation, day out every fourth Sunday, afternoon in each week off duty, and two weeks in each year for vacation.

During illness nurses are cared for free of charge. Time is made up if over one week and allowance withheld.

The pupils receive three lectures during a week and class held once.

General Surgery and Surgical Nursing by Dr. J. Rosenstirn; Medical Diseases and their care, Dr. Meininger; Surgical Nursing, Dr. Fisher; Obstetrics by Dr. L. Hoffman; Eye, Ear, Nose and Throat by Dr. R. Cohen; Anatomy and Physiology by the Resident Physician.

Diploma and badge of the training school is conferred at the end of the three years' training to all pupils who are able to pass necessary examinations.

WALDECK SANATORIUM

TRAINING SCHOOL FOR NURSES

SAN FRANCISCO, CALIFORNIA

The Training School for Nurses, connected with the Waldeck Hospital offers a three years' course of training to men and women desiring to become professional nurses. Applications are made personally, if possible, if not, by letter to the Superintendent of the Training School, and are furnished blank forms to be filled out, giving references, etc.

Sound health, unblemished character, and at least a grammar school certificate are required. Men and women of higher education are preferred.

Only applicants whose ages are from 21 to 31 will be considered.

Their fitness for the work and the propriety of retaining or rejecting them at the end of their probationary period is determined by the Superintendent. The same authority, with the sanction of the Board of Directors, may also dismiss them for inefficiency or misconduct at any time.

The probationary period is three months.

Nurses are boarded and lodged, and after the first three months receive sufficient remuneration monthly to provide themselves with text books and to cover the small expenses connected with the work.

The hours are from 7 a. m. until 8 p. m. Two hours off daily for study and recreation. One-half day each week and part of Sunday.

A vacation of two weeks each year is allowed.

In sickness, pupils will be cared for gratuitously, but time thus lost must be made up.

Practical instruction includes cleaning and disinfecting rooms, medical and surgical nursing (both special and general), and the care of, at least, three obstetrical cases in connection with the San Francisco maternity.

THEORETICAL INSTRUCTION

JUNIOR YEAR

"Kimbur's Anatomy and Physiology"—forty-four classes.
"Hampden's Principles and Practice of Nursing"—Theoretical and Practical Instruction throughout the Junior year.

INTERMEDIATE YEAR

Junior Course of Surgical Nursing.
Materia Medica.
Obstetrics—(Nursing of).
Diseases of Children—(Nursing of).
Diseases of Eye, Ear, Nose and Throat—(Nursing of).
Bandaging—Surgical Emergencies.

SENIOR YEAR

Electro Therapeutics—Senior Course Surgical Nursing.
Medical Nursing—Contagious Diseases.
Nursing of Skin Diseases.
Massage—Cooking—Nursing in Genito Urinary Diseases.

NURSING STAFF

Superintendent, Miss Florence Baugh, Graduate of Presbyterian Hospital, Philadelphia, Pa.

Four graduate nurses. Forty-five pupil nurses (female). Four pupil nurses (male).

The graduate nurses of the Waldeck Sanatorium have an *Alumnae Association*.

ST. MARY'S HOSPITAL

TRAINING SCHOOL FOR NURSES

First and Bryant Streets, San Francisco

BY SISTERS OF MERCY

St. Mary's Hospital Training School for Nurses was established October 24, 1900. The course of training occupies three years, less two weeks each year for vacations. During sickness the nurses are cared for in an infirmary specially fitted up for them, but they are expected to supply lost time.

Applicants wishing to enter the School must furnish two letters of reference from responsible persons, not relatives, and also a certificate of health from Physician. High school education or its equivalent is necessary. Candidates, if approved, will be admitted on probation for three months, with no other recompense than board, lodging and laundry. If accepted they receive a monthly allowance of eleven dollars during the first and the intermediate year and thirteen dollars during the senior year. (This is in no way intended as wages, the education received and the profession acquired being ample recompense.)

The training includes general and special nursing of medical, surgical, gynecological and obstetrical cases, also theoretical instruction by the Visiting and Resident Physicians and Surgeons, and by the Superintendent of Nurses. Courses in massage and in invalid cookery are also included.

A Diploma is awarded to all members of the Training School who have completed the course of instruction and have satisfactorily passed the final examinations.

REPORT OF ST. MARY'S HOSPITAL TRAINING SCHOOL FOR NURSES ENDING JUNE 30, 1904

During the year the number of nurses increased from Thirty-four to Forty-two. But this staff has been found inadequate for supplying the demand for special nursing. Four nurses are now on general duty in the Operating Room, instead of two as heretofore. A head nurse has been appointed on each floor, having the general supervision of the floor during the absence of the Sister in Charge.

The Class Work, including a course in cookery, was regularly carried out during the year

Thanks are due to the Members of the Staff for their interest displayed in the Training School and also for their regularity in conducting the course of lectures.

LECTURES 1903-1904

Gynecology {T. E. Bailly, M. D.	Chemistry ..Jno. R. McMurdo, M.D. Ph G. M. A.
Obstetrics {		Materia Medica ...Chas. D. McGettigan, M. D.
Surgery {		Anatomy {
Nervous Diseases {	Theo. Rethers, M. D.	Physiology {
Bacteriology , {	Geo. Childs Macdonald,	Bandaging {
Fever Nursing {	M. D. F. R. C. S. E. I.	Physiology of Kidney {
Eye and Ear	George H. Powers, M. D.	Urinalysis {
	Edw. Topham, M. D.

The Homœopathic Sanatorium

236 Presidio Avenue, San Francisco, Cal.

Formerly 2110 Central Avenue

**For the Treatment of Medical and Surgical Diseases.
Perfect Nursing, and Medical and Surgical Care by the
Physician of your choice.
No contagious diseases admitted.**

PRICES ACCORDING TO ACCOMMODATIONS

In Wards \$12.00 to \$13.00 per week. In Private Rooms, from \$20.00 to \$35.00 per week. These prices include Board, Room, Fuel, Lights, regular Day and Night Nursing, and ordinary medicines.

For particulars apply to or address:

SUPERINTENDENT HOMŒOPATHIC SANATORIUM
TELEPHONE WEST 623 236 PRESIDIO AVE.

The Homœopathic Sanatorium

236 PRESIDIO AVE., SAN FRANCISCO, CAL.

established a Training School for Nurses in February 1896 with Miss Goodrich from the Homœopathic Hospital of Rochester, N. Y., as superintendent. It has graduated forty-six nurses and has a class of twenty-one in training.

It has a three-year term of training with two months of probation. The required age for applicants is between twenty-one and thirty-five, the required height five feet four inches or over. A High-School education or its equivalent is necessary.

Nurses will be provided with board, lodging and washing, also a monthly allowance of eight dollars for the first year, and ten dollars for the second and third years.

The nurses' house is separate from the Sanatorium. One afternoon of each week is allowed and part of Sunday. Also two weeks vacation each year.

Lectures are given by the staff of physicians and surgeons connected with the Sanatorium, and by the superintendent of nurses.

Instruction is given in invalid cookery and in massage. Annual examinations. Graduates register at the Sanatorium for calls.

FRANCIS E. SOUTHERN, Superintendent of Nurses.

GERMAN HOSPITAL

CORNER FOURTEENTH AND NOE STREETS

SAN FRANCISCO, CAL.

The Training School attached to this Hospital is now in its sixth year, and its staff numbers forty nurses. Miss Thee is still its efficient Superintendent. In 1902 the three years' course was adopted, and in addition to the curriculum given on page 82, a two months' course of training in Obstetrical Nursing has been arranged at the Florence Crittenton Home. Also, two months of general cooking and dietetics, under an experienced teacher, in a kitchen specially built for the purpose, and a course in Massage.

FABIOLA HOSPITAL ASSOCIATION

CORNER OF NEW BROADWAY AND MOSS AVENUE

OAKLAND, CAL.

Since 1900 the Fabiola Training School for Nurses has extended the term of training to three years, with a three months' probationship. A course in cooking is now included, under the direction of a Domestic Science School graduate.

The Training School numbers fifty pupils. A new and attractive Nurses' Home is to be erected in the near future.

Miss Sarah Caig resigned her position of Superintendent of Nurses in October, 1903, and has been succeeded by Miss Katharine Fitch, a graduate of the John Hopkins' Training School for Nurses, Baltimore, Md.

PACIFIC HOSPITAL

TRAINING SCHOOL FOR NURSES

CORNER STOCKTON AND CHESTNUT STREETS
SAN FRANCISCO, CAL.

H. A. HESS, M. D., SURGEON IN CHARGE

This hospital is owned and operated by the "Christian Hospital Association." All applicants for admission to the Training School must be Christians with recommendations from their pastors. Miss Anna Glaumer, a graduate of Jefferson Medical College Hospital, Philadelphia, has been Superintendent for 1903-4.

INFORMATION FOR APPLICANTS

Applications must be made personally or in writing to the Superintendent of the Training School, who will send blank for such application. Candidates should be between twenty and thirty years of age.

Applicants approved by the Superintendent will be taken for three months probation as vacancies occur. They will receive board and washing free, but will have no compensation. If probation period proves satisfactory, nurses will receive uniform material, and in case of illness, medical attendance free; also \$5 per month for remainder of three years.

This is in no way regarded as a compensation for their services—their professional education being considered an equivalent therefor—but is intended to cover expenses of books, stationery, etc. At the completion of course, each nurse receives \$50 and a diploma.

Nurses are given two weeks vacation each year. Applicants beginning probation period will provide three dark cotton dresses—gingham preferred—six white aprons, small white neckties, rubber-heeled shoes, and a pair of medium sized, blunt-pointed scissors.

The following is a list of the books used in our course of study.

A Text-book of Nursing, Clara Weeks Shaw.
Anatomy and Physiology, Diana C. Kimber.
Fever Nursing, James Cornelius Wilson.
Maternity, Infancy and Childhood, John M. Keating.
Materia Medica, Lavinia L. Dock.
Surgical Nursing, Anna M. Fullerton.
Obstetrics and Gynecological Nursing, Anna M. Fullerton.
Lectures on Medicine to Nurses, Herbert E. Cuff.
Hygiene of Transmissible Diseases, A. C. Abbot.
Personal Hygiene, Walter L. Pyle.

Practical demonstrations are given in Massage, Bandaging and Electricity; also Lectures on Dietetics, First Aid to the Injured, Medicines, etc.

Lane Hospital

Training School for Nurses

Clay and Webster Sts., San Francisco

The term of pupilage and service in this Hospital, now includes three years, commencing with the date of entrance.

The first three months are probationary, during which time the pupil may discontinue or be discontinued, if found not adapted to the work. After the probation period is passed, if the pupil is accepted, she is ranked as a Sophomore nurse for the remaining nine months of her first year, as a Junior nurse during her second year in the school, and as a Senior nurse during her third year.

Applicants for admission must be between twenty and thirty years of age; must be in perfect health and of strong physique; must be unmarried and free to give their entire attention to their work, and must possess at least a grammar school education.

Application for admission must be made upon the blank form furnished by the Hospital; but in addition each applicant must be seen in person by the Superintendent of Nurses before final action is taken. Formal notice will be given in each case, as promptly as possible, as to whether the application is approved or not approved. After approval, applicants are taken into the Training School as vacancies occur and in the order in which their applications were received.

Nurses receive no remuneration during the first two years but are paid ten dollars a month during the third year.

Besides their daily experience in the Hospital, caring for patients, pupils are given didactic instruction in the following subjects: Anatomy, Physiology, Medicine, Surgery, Obstetrics, Diseases of Women, Materia Medica and Diseases of the Eye. These lectures are all given by members of the Faculty of Cooper Medical College or their assistants. Weekly lectures by the Superintendent of Nurses are also given to all the pupils. No lectures are given during December.

A course of instruction in electro-therapeutics has been added to the above curriculum.

For duty-hours, privileges, etc, see page 64.

The present Nursing Staff consists of: Superintendent, Miss Elizabeth H. Steele, graduate of Michael Reese, T. S., Chicago; Operating-room Nurse, Miss Visser, graduate of Waldeck, T. S. S. F.; Pupil Nurses, numbering forty-seven.

The graduates of this School organized an Alumnae Society in '03,



St. Winifred's Private Sanatorium

and Training School for Nurses

- ST. WINIFRED'S HOSPITAL is a New, Private, Fire-proof Institution which has all the Modern Improvements, and affords every modern aid to diagnosis and treatment.
- ST. WINIFRED'S HOSPITAL from its great cleanliness, perfect sanitation and excellent dietary management is commended to physicians and patients.
- ST. WINIFRED'S HOSPITAL has special provisions for patients requiring aseptic abdominal and gynaecological surgery and hospital treatment.
- ST. WINIFRED'S HOSPITAL offers a maternity service with superior advantages and protection against dangers incident to confinement.
- ST. WINIFRED'S HOSPITAL is open to any reputable physician or surgeon, who may treat his patient there in the full assurance of receiving all professional courtesies.
- ST. WINIFRED'S HOSPITAL has a large Visiting and Consulting Staff, consisting of Professors and Teachers from the College of Physicians and Surgeons of S. F.
- ST. WINIFRED'S HOSPITAL is an Ideal Institution (non-sectarian) for invalids and convalescents requiring medical or surgical treatment with scientific nursing.

Miss M. Macnamara, Matron
Miss E. Keenan, Head Nurse

THE MANAGEMENT.

1025 Sutter Street, San Francisco, Calif.

Telephone East 76

Training School for Medical and Surgical Nurses.

The management of **St. Winifred's Hospital and Training School** furnishes the following information for those desiring to become trained nurses:

All applicants are requested to apply to the Matron, Miss M. Macnamara, who will furnish them with a blank form of questions to be answered in writing.

Applicants should be between eighteen and twenty-five years of age, and must be of sound health.

A candidate for the training school is admitted on probation for the two first months without salary; at the end of which time, if found satisfactory to the Matron and the Management, the candidate, *when accepted as a pupil*, shall sign a written agreement, to remain for three years, and shall agree to conform to all the rules and regulations of the Institution.

The pupils employed as nurses shall receive, after their period of probation, ten dollars per month for the first year, twelve and one-half dollars per month for the Junior year, and fifteen dollars per month for the Senior year. These amounts are in no wise intended as wages, but are for the purpose of buying books and for other incidental expenses whilst in the training school. The education received is considered more than the equivalent for their services.

Each nurse may be excused from duty one afternoon each week providing hospital duties permit, and part of each Sunday for Divine Service ; and will be given two weeks vacation every year without loss of pay.

In case of illness each nurse will be cared for at the Hospital free of charge for two weeks without losing any pay. If the illness is of longer duration, fees will be charged for board and room; the salary will be stopped and the time lost will be added to the school term.

The Matron has immediate charge of the Training School under the supervision of the Management and Teachers.

All pupils are required to be punctual, quiet, orderly, neat and cleanly and to wear the regulation uniform. Obedience must at all times be enforced.

The Hospital authorities reserve the right at any time to expel a pupil or nurse for misconduct, inefficiency or any other reason deemed sufficient.

During their Senior year pupils may be sent out to cases in order that they may familiarize themselves with private nursing.

At the completion of the three years' term, pupils possessing proper credentials and passing satisfactory examinations in all the branches taught, will be entitled to receive a *Diploma* as a graduate nurse from the St. Winifred's Hospital.

COURSE OF STUDY.

1. Anatomy.
2. Physiology.
3. *Materia Medica*.
4. Chemistry.
5. Massage.
6. Dressing, fomentations, poultices, cupping, leeching.
7. Catheterization.
8. Administration of douches, enemata, etc.
9. Bandaging, lining splints, etc.
10. Preparation of food for the sick.
11. Management of Obstetric cases.
12. Management of Laparotomy cases.
13. Management of infants and helpless patients: proper methods of bathing the sick, etc.
14. Nurses are also thought to observe and record accurately the patients' pulse, respiration, temperature, expectoration, secretions, etc., and the effects of medicine, stimulants, and diet.
15. The instruction will include all that is essential for a nurse to do in accidents and emergency cases until the physician in charge arrives.
16. Lectures, recitations and examinations will be held at stated periods during the entire course.

TEXT BOOKS.

Steele's Anatomy.
Steele's Physiology.
Steele's *Materia Medica*.
Steele's Chemistry.
Dock's *Materia Medica* for Nurses.
Clara Week's Text Book of Nursing.
Hutchison's Physiology and Hygiene.
Fullerton's Nursing in Abdominal Cases.
Stoney on Practical Points in Nursing.

WINSLOW ANDERSON, M. D., M. R., C. P., Lond. Etc.

MISS E. KEENAN, Head Nurse.

MISS M. MACNAMARA, Matron.

San Francisco Training School for Nurses

City and County Hospital

See also Page 49

The Training School commenced its fourteenth year on July 1st, 1904, with the following staff of Nurses:

Graduate Nurses	-	-	-	-	-	3
Senior Pupil Nurses	-	-	-	-	-	23
Junior Pupil Nurses	-	-	-	-	-	30
Probationers	-	-	-	-	-	10
Total	-	-	-	-	-	66

Four of the Pupil Nurses are male. After eight years of service as Superintendent Miss Mary Patton resigned in 1903, and was succeeded by Miss Mary F. Strand, a graduate of the school. Miss Strand was succeeded in January, 1904, by Miss Julia M. Kane, also a graduate of the school, class of '97.

STAFF OF LECTURERS

Dr. Wallace G. Terry,	-	-	Anatomy
Dr. Benj. Williams,	-	-	Bacteriology
Dr. Alf. Newman,	-	-	Bandaging
Dr. Chas. von Hoffman	-	-	Gynecology
Dr. Fred Burrows	-	-	Contagious Diseases
Dr. Hugh Lagan,	-	-	Eye, Ear and Throat
Dr. H. I. Block,	-	-	Medical Diseases
Prof. G. Wagner,	-	-	Massage
Dr. Chas. Morgan,	-	-	Materia Medica
Dr. Thos. D. Maher,	-	-	Obstetrics
Dr. F. Lensman,	-	-	Physiology
Dr. I. W. Thorne,	-	-	Surgery

The three years' course of training has been adopted by the present Board of health, the leading hospitals of the East giving a favorable report of the experiment, which system has always been a success in the hospitals abroad.

During the three years of pupilage and service in the hospital, Nurses will receive eight dollars per month for the first year, ten dollars for the second, and twelve dollars for the third year.

Candidates during the three months of probation will not wear the uniform but must come provided with aprons of thick white muslin, to be made with a bib nine inches wide by eight inches high, the skirt to be forty four inches wide, with hem six inches from the ground. Six should be the least number provided.

No ruffings, colored ribbons, bright stockings or jewelry can be worn, and it is recommended that all underlinen should be of a very plain and durable character. Every article must be marked with the full name.

No nurse will be permitted to make use of a thermometer of inferior quality.

Very few books are necessary for a Nurse during her course of training; but she is advised to procure, on entering the Training School, "Text Book of Nursing," by Clara Weeks, (D. Appleton & Co., New York, price \$1.50), "Gould's Pocket Dictionary" (P. Blakiston, Son & Co., Philadelphia, price \$1.00), and "Pocket Therapeutics" and "Dose Book," by Morse Stewart (G. D. Stewart, Detroit, Michigan, price 80 cents.)

The expenses of a Pupil Nurse during her year of training can, with care, be covered by an outlay of \$100, and the remuneration is sufficient to meet this.

The most suitable age for a woman to commence a course of training is from twenty-two to thirty. The work of a sick Nurse, though severe, is not, as a rule, injuriously so, and can be performed without difficulty by a woman who has good health, unimpaired faculties and industrious habits, but should not be undertaken by a person of delicate constitution or nervous temperament; and it is earnestly recommended that every candidate should carefully consider the expediency of the step she is about to undertake, and her fitness—physical and moral—for the profession, before submitting herself to the test of a three-months' probation in the Hospital.

Probationers who have failed of acceptance in other hospitals, or who have been dropped or expelled, cannot be received under any circumstances.

CONTRACT SIGNED BY PUPIL NURSES ON ENTERING THE SCHOOL

San Francisco,.....190

I,.....the undersigned, do hereby agree to remain two years from date a pupil of the above named institution, and promise, during that time, to faithfully obey the rules of School and Hospital, and to be subordinate to the authorities of the same.

In witness whereof, I hereunto affix my name.

The course of Training for Pupil Nurses comprises:

1. Ward work; including bed-making, change of patient's position and linen, cleanliness of patients and utensils.

2. Making, application and administration of various remedies, such as poultices, fermentations, leeches, etc.

3. Use of baths, friction, massage and Swedish movements, application of electricity, etc.

4. Attendance on Doctors, dressing of wounds and bandaging, and padding of splints.

5. Observation on general condition of patients with regard to appetite, skin, secretions, appearance of eruptions, chill and fever, effect of medicine, and diet, sleep, etc.

6. Method of observing and recording temperature, respiration and pulse.

7. Preparation of food for the sick.

8. Lectures and Class Instruction on general nursing, Elementary Anatomy and Physiology.

9. Examinations, written and practical, on lectures and ward work.

Pupils will be expected to work in all departments of the Hospital.

The Diploma of the Training School will be conferred, at the end of three years' training, on all pupils who are able to pass the Examination of the Training School Committee. Pupils failing to satisfy the examiners will be allowed another trial with the sanction of the Board of Health.

The California Hospital TRAINING SCHOOL FOR NURSES.

1414 South Hope Street, Los Angeles, Cal.

The changes made in this school since 1900 are as follows:

The size of the hospital has been increased from seventy beds to one hundred and fifty. The number of pupil nurses from thirty to seventy-five; and a high-school education or its equivalent is required for admission. See page 65 for further information. The present superintendent is Miss Catharine R. Hewitt.

THE CALIFORNIA HOSPITAL

(Opened June 1st, 1898)

An Elegant Hotel for the Sick.

Heated by steam; lighted by both electricity and gas.

One hundred and fifty sunny rooms.

A resident physician and a corps of seventy-five nurses.

Furniture made especially for the hospital.

Five well equipped operating rooms.

*Five delightful verandas, and a roof-garden,
forty feet wide by sixty feet long.*

Reached by all street car lines, directly or by transfer.

Members of the medical profession will be given every modern facility for the treatment of their patients. Physicians themselves or members of their families who find it necessary to leave home for medical or surgical treatment will be given particular attention.

Address: The California Hospital, 1414 South Hope St.
LOS ANGELES CALIFORNIA



THE PACIFIC HOSPITAL

One of the most handsomely furnished and best equipped hospitals in the United States. The buildings contain one hundred and twenty rooms. Eighty rooms for patients, and four operating rooms furnished with all modern appliances. The reception halls and parlors have inlaid floors of oak, walnut and maple, and are richly furnished in leather, mahogany and polished oak. The buildings are lighted by gas and electricity, and heated by steam. The service in every department is unsurpassed. Guests can have all the comfort and conveniences of a first-class hotel. No infectious or contagious diseases are admitted.

THE PRICES ARE MODERATE

M. N. ESKEY - - - - - MANAGER

The Board of Directors of the Pacific Hospital are :

DR. W. M. LEWIS, President	DR. E. C. BUELL, Vice-President
M. N. ESKEY, Manager and Secretary	DR. C. W. FISH
DR. W. E. WADDELL	DR. J. E. COWLES
	DR. E. V. VAN NORMAN

1319-1329 South Grand Avenue
LOS ANGELES CALIFORNIA

THE PACIFIC HOSPITAL

TRAINING SCHOOL FOR NURSES

was established in January, 1897. It is connected with the Pacific Hospital, 1319-1329 South Grand Avenue, Los Angeles, California. It was organized under the supervision of M. N. Eskey, and was one of the first institutions of the kind on the Coast to establish a three years' course of training. The Hospital at present accommodates thirty-five pupil Nurses. Young women are received between the ages of twenty-one and thirty-five. Those who meet the requirements, after one month of probation, are accepted as pupils after signing the following agreement :

"I, the undersigned, do hereby agree to remain three years from date a pupil of the above named school; and promise during that time to faithfully obey the Rules of the School and Hospital, and to be subordinate to the authorities governing the same. The authorities reserving the right to dismiss the student or pupil at any time for reasons deemed sufficient by them without stating cause."

Graduates from other recognized training schools are admitted, and graduated in one year from the Pacific Hospital by passing the regular examinations. Time is allowed applicants who have not graduated, but have left some other school, with consent of that school, and upon passing the examinations of the Pacific Hospital. No Nurses admitted who have been dismissed from other hospitals.

Nurses are admitted at any time there is a vacancy in the Hospital, and are allowed to graduate in the class nearest the end of their three years' course, provided they have passed the regular examinations; but the diploma will not be granted until the three years' course is completed.

Nurses will lodge and board in the Hospital and will receive a monthly allowance of five dollars for the first year, ten dollars for the second year, and twelve and a half for the third year, to cover expense of uniforms, text books, etc. They will receive care during illness, but all time thus lost must be made up at end of term. A vacation of two weeks will be given at close of first and second years.

THE TEACHING IN THE PACIFIC HOSPITAL TRAINING SCHOOL

is largely dependent upon the persons in charge of the Hospital. The Manager, Mr. M. N. Eskey, who is a registered pharmacist, and graduate nurse, lectures on the duty of the nurse to the Doctor, to the Hospital, and to herself, sterilization, general Hospital work, care of instruments and Hospital supplies, etc. Regular classes of study are conducted by the Superintendent of Nurses, the Head Nurse, and the nurse in charge of the operating room, who are all graduate nurses of wide experience. A complete course of lectures on Anatomy is given by Dr. F. S. Barnard. A complete course of lectures on General Nursing and Obstetrics is given by Dr. Rebecca Lee Dorsey.

A complete course of lectures on Materia Medica is given by Dr. R. H. Burton.

General lectures throughout the year by the most prominent physicians and surgeons of Los Angeles, who are connected with the Pacific Hospital—Average four a month and cover the whole field of Nursing, Medical, Surgical, Fevers, Nervous Diseases, and Diseases of Children.

PASADENA HOSPITAL ASSOCIATION

PASADENA, CALIFORNIA

Founded late in 1899, by a body of generously-minded men and women. In January, 1902, the main building, erected at a cost of twenty thousand dollars, was opened to the public. It is situated in the southwest part of Pasadena on a rise of ground commanding a view of the city, the mountains and San Gabriel Valley. The Helen Wilde Home for Nurses, the gift of the late Mr. J. D. Wilde as a memorial to his wife, was opened in February, 1903; the Clara Baker Burdette Maternity Wing, erected at a cost of twelve thousand dollars, the gift of Mrs. Robert J. Burdette, has very recently been opened. Another gift is a medical and tubercular emergency pavilion to be erected at once. The Hospital is attended by the leading medical men of Pasadena.

The Hospital has a present capacity of fifty beds, and is under the supervision of Mrs. Sabina Pemberton, a graduate of St. Luke's Hospital, New York, Class of 1894. The Matron, Miss Harriett Ely, and the Chief Surgical Nurse, Miss Elizabeth McGaffery, are both from Malden Hospital, Massachusetts. Miss Annie Mowatt of the Seattle General Hospital will be Directress of Nurses.

The term of training is two and one-half years.

For full particulars, address

MISS PEMBERTON, Superintendent,
Pasadena Hospital,
Pasadena, Cal.

President, ARCHBISHOP RIORDAN

Secretary, MISS JULIA H. WEBER

Manager and Treasurer, REV. W. B. O'CONNOR

Saint Joseph's Home and Hospital

AND

Training School for Nurses

STOCKTON, CALIFORNIA

INFORMATION FOR APPLICANTS

The Hospital, which is capable of containing fifty (50) patients, is divided into five departments, viz.: Men's Medical Department, Women's Medical Department, Men's Surgical Department, Women's Surgical Department, and Maternity Department.

Pupils may enter the Training School by agreeing to remain in the service of the Institution for a term of three years. They will receive \$.....per month during their period of service, after three months of probation. This is in no wise intended as wages, it being considered that the education given is a full equivalent for services rendered. Pupils and probationers will be provided with board, lodging and washing.

A candidate for admission into the Training School must write promptly a letter containing information as to her age, past and present occupation, whether single or married, whether strong or healthy, and also enclose a letter from a clergyman testifying to her personal character; also one from a physician who has recently examined her heart and lungs, and who pronounces her in perfect health, and the date at which she wishes to commence her course of training, when, if satisfactory, an application form will be sent, which should be at once returned, correctly filled up, to the Sister Superior, St. Joseph's Home. No pupils admitted under twenty-two years.

The diploma of the Training School will be conferred at the end of three years' training, on all pupils who are able to pass the examination of the Training School Committee. Pupils failing to satisfy the examiners after fulfilling requirements will be allowed another trial with the sanction of the Board of Directors.

Persons who have failed of acceptance in other hospitals, or who have been dropped or expelled, cannot be received.

SCHOOL CURRICULUM

JUNIOR YEAR

Bed-making—Changing sheets and draw-sheets.
Gentleness—Lifting and moving bed patients.
Temperature of sick room and ward.
Methods of ventilation.
Care and economy in the use of linen, towels, etc.
Disposal of soiled dressing.
Preparation of disinfectant solutions.
Disinfection of rooms, wards, clothing and excreta.
Care and cleanliness of ward utensils.
Care of patients—Temperature, pulse, respiration, observation of symptoms, reports to physicians, chart making, frequency of bathing, prevention and treatment of bed sores.

MIDDLE YEAR

Baths—Hot air, steam, salt water, tub, foot, mustard, sponge and cold packs.
Douches—Catheterization.
Enemata—Kinds, methods of preparation, and mode of administration.
Counter-irritants—Mustard poultices, turpentine, iodine, liniments, cantharides.
Cupping—The cautery.
External applications—Hot-water cans and bags.
Fomentations—Poultices, ice.
Medicines—Doses, weights and measures, methods of administration, care of medicine closets and medicine lists.

SENIOR YEAR

Surgical—Aseptic and antiseptic surgery, preparation of patient for operation, care of patient after operation, how to prepare for operation in private house.
Gynecological—Preparation of patients for examinations and operations, different positions, instruments and dressings, care of patient after abdominal section.
Hemorrhages—How to control.
How to deal with surgical emergencies.
Shocks, fractures, dislocations, sprains, contusions, burns and scalds, frost bites.
Medical—Different forms of fever, tuberculosis, Bright's disease, urine.
Pregnancy—Care of infants.

THE TRAINING SCHOOL

St. Joseph's Hospital, Stockton

SCHEDULE OF LECTURES

Anatomy—W. M. S. Beede, M. D. Wednesdays, October 14th to November 19th, inclusive.
Materia Medica and Pharmacology—Geo. S. Harkness, M. D. Mondays, October 12 to November 16th, inclusive.
Physiology—S. W. R. Langdon, M. D. Fridays, October 16th to November 20th, inclusive.
Bacteriology and Urinalysis—H. E. Southworth, M. D. Fridays, 8 p. m., November 27th, 1903, to January 8th, 1904, inclusive.
Obstetrical Nursing—H. W. Taggart, M. D. Mondays, 8 p. m., November 25th to January 6th, 1904, inclusive.
Practice of Medicine—S. W. R. Langdon, M. D. Mondays, 8 p. m., January 11th to February 15th, 1904, inclusive.
General Surgery—W. W. Fitzgerald, M. D. Fridays, 8 p. m., January 15th to February 19th, 1904, inclusive.
Nervous Diseases—M. H. Smyth, M. D. Wednesdays, 8 p. m., January 13th to February 17th, 1904, inclusive.
Eye, Ear, Nose and Throat.—Barton J. Powell, M. D. Wednesdays, 8 p. m., February 24th to March 30th, 1904, inclusive.
Dietetics and Hygiene—Ira B. Ladd, M. D. Mondays, 8 p. m., February 22nd to March 28th, 1904, inclusive.
Abdominal Surgery and Gynecology—C. S. Sargent, M. D. Fridays, 8 p. m., February 26th to April 1st, 1904, inclusive.
Demonstration Lectures on Dietetics—Miss M. Y. Luce, Head Nurse of Training School.

Professional Organizations

The California State Nurses' Association—Alumnae Associations—The Guild of St. Barnabas for Nurses

THE CALIFORNIA STATE NURSES' ASSOCIATION

was organized in May, 1903, and incorporated in January, 1904. It has headquarters at 813 Sutter Street, San Francisco, where the regular monthly meetings are held, unless for special reasons an occasional meeting is held elsewhere, when due notification is given by the Secretary.

The object of the Association is for the advancement of the profession of Nursing, and for the establishment of higher standards and more thorough courses of study in the training schools, also for united work in order to secure legislation, which, through State registration for Nurses, will mark a most important advance of the profession in California.

Any Nurse of good moral character who has graduated from a school connected with a general hospital giving not less than two full years' training, is eligible for membership in this Association. Application for membership must be made in writing, accompanied by the diploma, or a letter from the hospital, giving date of graduation. The initiation fee is two dollars, the annual dues one dollar.

OFFICERS FOR 1904

Miss Sophia L. Rutley, President	-	3816 Telegraph Avenue, Oakland, Cal.
Miss Gotea Dozier,	-	First Vice President
Miss Elizabeth H. Ashe,	-	Second Vice President
Miss Florence M. Holsclaw,	-	Treasurer
Miss Theresa Earles McCarthy,	-	Secretary
Mrs. C. Perry Jones,	-	Assistant Secretary
Miss Genevieve Cooke, Chr. Memb. Committee, 140 Fern Ave., San Francisco		

The graduates of many schools have formed Alumnae Associations but only a few have been heard from.

THE SAN FRANCISCO BRANCH OF THE GUILD OF ST. BARNABAS FOR NURSES

was organized in December 9, 1892, with Rev. F. J. Mynard as Chaplain. In 1895 Mr. Mynard was succeeded by the Rev. D. O. Kelley, who still has charge of the branch.

The Guild of St. Barnabas in the United States, was founded in 1886, in Boston, Mass. It had a small beginning but has grown steadily, until now there are branches in most of the large cities, so that, the Nurse who wears the badge of the Guild will find friends from the Atlantic to the Pacific Coasts. This friendly bond includes thousands who are interested in the same blessed work of caring for the sick. As one has well expressed it: "We are a band of feminine Free-Masons."

The badge of the Guild is a bronze medal stamped with a cross, and bearing the motto of the Guild "Blessed are the Merciful." The

object of the Guild is two-fold: Religious, to assist the members in realizing the greatness of their calling; and Social, by associating Nurses together, and with them other women as friends and associate members.

Membership consists of Active, Associate, Medical-Associate, and Priest-Associate. Any Nurse who has graduated from a recognized training school, or any student Nurse in course of training who has passed the probationary period, shall be eligible for membership, provided that she be nominated by a member or an associate member and be able to give such reference as the Chaplain may require. Any student Nurse who discontinues her course of training ceases to be a member. Local branches meet ordinarily once in each month. Candidates for membership may be proposed at any regular meeting, and will be admitted by ballot to membership at any regular meeting, a two-thirds vote of those present being necessary for election. Associate members must be Church-members interested in Nurses, and who are desirous of advancing the objects of the Guild.

Medical Associates are expected to wear the medal and shall promise to further the interests of the Guild.

Priest Associates shall be Clergymen approving the objects of the Guild and promising their co-operation in carrying them into effect. The entrance fee is one dollar, to be paid upon admission, by each Priest, Medical, Associate, and Active Member to the local treasurer, who forwards the same to the General treasurer for the general expenses of the Guild.

The annual dues are one dollar. The head of the whole Guild in the United States is the Chaplain General who exercises a general supervision of the Spiritual affairs of the Guild, appoints the Chaplains for the local branches, and presides at the Annual Council.

The Annual Council is usually held during November in one of the Cities where there is a local branch—the meeting for 1904 will be held in Boston.

Beside the Chaplain for each local branch, there is also a Secretary who is an Associate Member, it is her duty to keep a full list of members, and to see that any member removing from one district to another may be transferred to the branch in the district to which she removes. The service of admission for members is a religious service, and one of consecration to the higher life which the Guild urges its members to live. The United Work of the Guild for 1904-'05, to which every branch subscribes, is the support of a Missionary Nurse in the Philippines, besides, every branch has its own local charitable work. The San Francisco branch has fifty-nine members, including Wm. Ford Nichols, Bishop of San Francisco.

Beginning Sept. 13, 1904, and ending June 12, 1905, a calendar has been arranged giving five afternoon Church meetings, and five evening social meetings, at the homes of associate members. The afternoon and evening meetings will alternate. A Guild Nurse is under discussion for the local work of the branch,

OFFICERS FOR 1904-'05

Rev. D. O. Kelley, Chaplain, - - - 2214 Jones Street, San Francisco
Mrs. W. H. Cone, Jr., Secretary and Treasurer, 2506 Clay St., San Francisco

Los Angeles has recently formed a branch of the Guild.

San Francisco Lying-in Hospital

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Dr. Emily G. Harrison, Resident Physician.

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Dr. Henry Gibbons, Jr., 920 Polk Street, Dr. C. von Hoffman, 1014 Sutter Street,
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Applicants for admission must be between sixteen and thirty years of age, and in sound health. They must have a common school education, and must furnish two references as to character.

The course of instruction covers a period of eight months, the first of which is one of probation. At the end of this month the Director of Nurses will decide upon the fitness of applicants to remain as pupils.

If accepted as such, they shall then put on the Uniform of the School.

Pupils are boarded and lodged at the expense of the School and receive \$5.00 a month. No compensation is made for the first month unless the probationer becomes a pupil.

Pupils are taught:

- a) To bathe and dress infants and children.
- b) To prepare the different foods for infants.
- c) To care for children at night.
- d) To care for children's rooms.
- e) To care for children's clothing.

Instruction will be both practical and theoretical.

Pupils will be subject to the rules of the House, and will be responsible to the Director of Nurses, who may, with the approval of the Medical Staff, in case of misconduct or of incapacity, sever their connection with the school.

If for any reason, at the end of eight months, a pupil is not properly qualified, the right is reserved by the Management of extending the course until she is ready to be graduated.

A certificate will be given to each Nursery Maid graduated.

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